

KARATE BC



2015 PROVINCIAL CHAMPIONSHIPS

Provincials 2015 - WKF Rules 2015 (v.9) shall apply with the following modifications:

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	NON BC TEAM DIVISIONS			BC TEAM DIVISIONS	
	Children 5 - 13 Years	14-17 Colour Belts	Adult Colour Belts and Masters 40+	Elite Divisions 12-17 Years	Elite Divisions 18-20 + Sr
Score Method	Flags - 2 perform same time	Flags - 2 perform same time	Flags - 2 perform same time	Flags	Flags
Format	White and Yellow Belts may repeat kata	White and Yellow Belts may repeat kata	White and Yellow Belts may repeat kata		
Other	Orange Belt and up must perform minimum alternating kata (ABA)	Orange Belt and up must perform minimum alternating kata (ABA)	Orange Belt and up must perform minimum alternating kata (ABA)	1st, 2nd, Two 3rds	1st, 2nd, Two 3rds
Time	1 min 30 sec Stop	1 min 30 sec Stop	1 min 30 sec Stop	2 min Stop	Sr Men 3 min. stop Sr Fem 2 min. stop U21 Male 3min. stop U21 Fem 2min. stop Cadet/Jr 2 min.stop
Points	First to 6 1 min overtime if tied at end of match	First to 8 1 min overtime if tied at end of match	First to 8 1 min overtime if tied at end of match	WKF Rules: spread of 8	WKF Rules: spread of 8
Ring Size	6 x 6 metres	8 x 8 metres	8 x 8 metres	8 x 8 metres	8 x 8 metres
Contact	Any touch face with fist or foot C1 penalty	Any touch face with fist or foot C1 penalty	Any touch face with fist or foot C1 penalty	WKF Rules Any touch face with fist C1 penalty Foot skin touch face Ippon	WKF Rules Skin touch point Contact C1 penalty
Penalty C1 + C2	Penalty Points Awarded C1+C2 C2 Last 10 sec min. Keikoku	Penalty Points Awarded C1+C2 C2 Last 10 sec min. Keikoku	Penalty Points Awarded C1+C2 C2 Last 10 sec min. Keikoku	WKF Rules Judges can signal C1 + 2 warnings + penalties	WKF Rules Judges can signal C1 + 2 warnings + penalties
Mandatory Protective Gear	Mouthguard, Fistprotector - may be any colour, Red/Blue belts,Groin (males)	Mouthguard, Fistprotector - may be any colour, Red/Blue belts,Groin (males)	Mouthguard, Fistprotector - may be any colour, Red/Blue belts,Groin (males)	Mouthguard,body protector male; body + chest protector female Foot,Shin/instep,Fist protector + belts - must be Red/Blue,Groin (male)	Mouthguard,body protector male; body + chest protector female Foot,Shin/instep,Fist protector + belts - must be Red/Blue,Groin (male)
Optional Protective Gear	Shin/Instep protector; Head protectors; Body/Chest protector	Shin/Instep protector; Head protectors Body/Chest protector	Shin/Instep protector; Head protectors Body/Chest protector	Head protectors	Head protectors

Karate BC Provincial Championships

Richmond Olympic Oval 6111 River Road

DATES Saturday, May 30 and Sunday, May 31, 2015

TIMES 9:00 am – Marshalling begins
9:30 am – Competition begins – see attached schedule for details

No check-in: Athletes/coaches are required to confirm their events via Karate BC website and report any errors to their Zone rep. immediately!

FEES per event (includes GST):

• Non-elite Juniors:	\$30	Team Kata: \$30 per team
• Non-elite Adults 18 yrs. & over:	\$35	Team Kata: \$35 per team
• BC Team (including 12/13 elite) divisions:	\$35	Team Kata: \$35 per team

Please provide payment in the form of **one cheque** issued from the Zone, made payable to Karate BC. Do not send separate cheques for each participant.

Payment from Competitors must be into their Zone by **May 11th, 2015** at the latest.
Online Kumite /Team Kata Waivers must be completed by **May 14th, 2015** at the latest

EQUIPMENT REGULATIONS

All elite competitors are expected to present themselves for competition with **blue and red belts and gear**, as Karate BC will not supply these. Elite competitors who do not have these when called upon to compete will be given one minute to rectify the situation or they will be disqualified.

DRESS CODE TO BE FOLLOWED: WKF rules of the competition (Article 2)

KATA, KUMITE & KOBUDO REGULATIONS: See attached Rules Sheet
All Kumite and Team Kata competitors must complete an online medical waiver.

The following table indicates kyu levels for each belt of different styles:

DIVISIONS	CHITO/SHITO	GIMA-HA	WADO	GOJU	SHOTOKAN
Novice	6-5	10-7	8-7	10-8	9-8
Intermediate	4-3	6-4	6-4	7-4	7-4
Advanced	2-1	3-1	3-1	3-1	3-1
Black	All Dans	All Dans	All Dans	All Dans	All Dans

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 6111 River Road

DATE	EVENT	TIME
Friday, May 29 th	Venue Set-up (all available help required)	6:00 pm
Saturday, May 30 th	Competing Saturday	
	<ul style="list-style-type: none"> • All Junior non-BC Team divisions • All Adult non-BC Team Division • All Weapons and Team Kata (non-BC Team) 	
	Head Table closes to changes	9:00 am
	Officials & Volunteers Meeting	9:00 am
	Athletes in Marshaling Area	9:00 am
	Competition Begins	9:30 am
	Demonstrations	12:00 pm
	Weigh-In: (BC Team Divisions only)	3:00 – 6:00pm
	Karate BC Annual General Meeting (after last event of the day)	5:00 pm (approximately)
	Sunday, May 31 st	Competing Sunday
<ul style="list-style-type: none"> • All BC Team Divisions including 12/13 elite and 14 yrs. & over (see Tournament Division Codes indicated with a "T") 		
Weigh-In: (BC Team Divisions only)		8:00 – 9:00am
Head Table closes to changes		9:00 am
Officials & Volunteers Meeting		9:00 am
Athletes in Marshaling Area		9:00 am
Competition Begins		9:30 am
Demonstrations		12:00pm

**Times are approximate ~ Schedule subject to changes without notice.

Spectator Fees

Adults (18 yrs. & over):	\$5
Senior/Youth:	\$3
6 yrs. & under:	free

BC Ferries Travel Application

- ViaSport and BC Ferries have entered into a partnership that will help youth in coastal communities participate in organized sport.
- Eligible athletes can apply for travel support when travelling to competitions.

<http://www.bcferrries.com/about/community/sports/ViaSport.html>

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Important Kumite / Team Kata Waiver Information

Karate BC is proud to announce our use of **ePACT**, an online emergency network, to improve emergency preparedness and safety for all our athletes. **ePACT** helps Karate BC better connect, communicate and share critical information in case of a crisis, like an illness or injury of one of our players, or an evacuation.

Using ePACT:

- Once registration is confirmed, each student's family will receive an email invitation to use **ePACT**. Each zone must therefore provide Karate BC with current email addresses for every athlete when registering.
- The **ePACT** MUST be completed by a parent or guardian if athlete is under 19 years of age.
- Families create their **ePACT** account, entering required details, such as medical needs and emergency contacts.
- Families securely connect with Karate BC, allowing coaches/managers access to their information.
- Families can update **ePACT** anytime during the year, and we will automatically be alerted (e.g. add a new cell phone or new emergency contact, and we receive that update).
- If an athlete shows up to the tournament and has not completed the online waiver by the deadline, they will not be permitted to compete.
- **This is a requirement for all athletes, whether in recreational or elite divisions.**

ePACT provides Karate BC with more accurate, up-to-date and legible information than the paper forms we've used in the past. Because it is web-based, we have the ability to securely access the system via smartphone, tablet or computer so it's always accessible. The system also maintains the same levels of security and privacy as online banks to ensure the safety of your information, while limiting access only to authorized personnel if an athlete requires support.

ePACT Support:

Help Centre: <https://epactnetwork.zendesk.com/hc/en-ca>
 email: help@epactnetwork.com Toll-free: 1.855.773.7228 ext. 1

Karate BC Provincial Championships
Richmond Olympic Oval
6111 River Road

~ Officials Tournament Sign-Up Sheet ~

TO: Karate BC Officials
FROM: Official's Committee

The Tournament Committee would like to once again extend a special invitation to you to attend this year's **Provincial Championships**. We value your time and skills and look forward to your participation and assistance for a successful tournament. Please confirm your attendance by completing and returning the registration form below. Thank you in advance.

Location: Richmond Olympic Oval, 6111 River Rd, Richmond
Date: Saturday, May 30 & Sunday, May 31
Time: 9:00 am Officials Meeting & Marshalling start time both days

RSVP Karate BC: fax: 604-333-3612 e-mail: cheryl.gray@karatebc.org

Officials Attendance Confirmation ~ 2015 Karate BC Provincial Championships

Name: _____

Phone: _____ Fax: _____

email: _____ Current Qualification: _____

"Provincial Referees" only: I will require accommodation on: Friday night Saturday night

Name of preferred roommate: _____

We need your help.....
you're invited.....
.....to volunteer at the

Karate BC Provincial Championships
Richmond Olympic Oval
6111 River Road

Where: Richmond Olympic Oval, 6111 River Rd, Richmond

When: Friday, May 29: 6:00 – 9:00pm set-up
Saturday, May 30: approx. 9 am to 5 pm
Sunday, May 31: approx. 9 am to 5 pm

In order to make the Karate BC Provincial Championships a success, we require assistance from volunteers in the areas of:

- weigh-in
- marshaling
- score-keeping/time-keeping
- set-up and take-down
- admissions
- security
- as well as other miscellaneous areas

You may have members, family, or parents already there and this would give them a **free front row seat & a free t-shirt**.

Please register names, email contacts and zones with the Karate BC office directly ASAP:
info@karatebc.org

Thank you!



Fortius Athlete Development Centre
Sydney Landing Suite 2002A
3713 Kensington Avenue Burnaby, BC V5B 0A7
Tel: 604-333-3610 • Fax: 604-333-3612

Volunteer Registration

2015 Karate BC Provincial Championships, Richmond Olympic Oval

Club/Zone:

Name	Phone	email	Position	Date/time available			
				Fri, May 29 Setup 6-9pm	Sat, May 30	Sun, May 31	Sun, May 31 st Takedown

Please send your volunteer registration to Karate BC by May 22, 2015

Karate BC Provincial Championships
Richmond Olympic Oval
6111 River Road

~ ACCOMMODATIONS ~

- Quote the group code when booking your room
- Book your accommodation as soon as possible ~ rooms sell out fast!
- Rates do not include taxes



Tournament Hotel
Sheraton Vancouver Airport Hotel
7551 Westminster Hwy, Richmond, BC V6X 1A3

Cost: \$119 per night

- Traditional Queen or Traditional King rooms
- Single to Quad rate
- Complimentary guestroom internet
- Parking only \$10 per day
- 1 bus free parking per team
- Full buffet breakfast only \$12 for all overnight guests

Call: 1-800-663-0299

- Mention the "Karate BC Provincial Championships 2015"

Reservation Deadline:

- May 1st, 2015 (firm - cannot guarantee rate/availability past this date)

This is Karate BC's sponsor hotel

They have gone all out to give us the best deal they can. Please support our sponsors.

It is only a short walk to the Oval from the Sheraton.

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~ PARKING ~

If you wish to drive to the Oval, there is underground pay-parking. But as there are many other events taking place this weekend, it will be very busy. There is free parking at the WorkSafe BC office parking lot as indicated below.

