



Fortius Athlete Development Centre
Sydney Landing 2002A
3713 Kensington Avenue
Burnaby, BC V5B 0A7
Tel: 604-333-3610 ~ Fax: 604-333-3612
www.karatebc.org ~ info@karatebc.org



KAMLOOPS
LEGACY PERFORMANCE GAMES

Kamloops Legacy Performance Games

This event is for participants **35 years of age or older**. For further information please contact Dan Wallis, Executive Director for Karate BC dwallis@karatebc.org or 250-202-2738

Venue: TBA

Dates:

- Friday, July 24: Social and Karate Seminar (KOBUDO)
- Saturday, July 25 and July 26: Tournament (if over 100 competitors- if under 100 then only Saturday)

FEES:

- \$110 per person if Karate BC or Karate Canada member
- \$120 if non member
- Included in fees:
 - Admission to socials sponsored by Kamloops Legacy Games
 - Karate social and seminar on Friday
 - Entry fees into all karate events (kata, kumite, kubudo)
 - Commemorative gift

Tournament Registration deadline: **Sunday, July 12 via email to dwallis@karatebc.org**

Cheque is made payable to Karate BC and payment is to be received by the office no later than **Friday, July 17 at 5pm**. Contact **Cheryl Gray (604-333-3610)** for payment options.

Equipment Regulations:

All elite competitors are expected to present themselves for competition with **blue and red belts and gear**, as Karate BC will not supply these. Elite competitors who do not have these when called upon to compete will be given one minute to rectify the situation or they will be disqualified.

Dress code to be followed: WKF rules of the competition (Article 2)

KATA , KUMITE, & KOBUDO REGULATIONS: See attached Rules Sheet
All competitors must fill out online medical waiver.

The following table shows kyu levels for each belt of different styles:

DIVISIONS	CHITO/SHITO	GIMA-HA	WADO	GOJU	SHOTOKAN
Novice	6-5	10-7	8-7	10-8	9-8
Intermediate	4-3	6-4	6-4	7-4	7-4
Advanced	2-1	3-1	3-1	3-1	3-1
Black	All Dans	All Dans	All Dans	All Dans	All Dans

Online Medical Waiver:

Karate BC is proud to announce our use of ePACT, an online emergency network, to improve emergency preparedness and safety for all our athletes. ePACT helps Karate BC better connect, communicate and share critical information in case of a crisis, like an illness or injury of one of our players, or an evacuation.

Using ePACT:

- Each student's family will receive an email invitation to use ePACT.
- Families create their ePACT account, entering required details, such as medical needs and emergency contacts.
- Families securely connect with Karate BC, allowing coaches/managers access to their information.
- Families can update ePACT anytime during the year, and we will automatically be alerted (e.g. add a new cell phone or new emergency contact, and we receive that update).

ePACT provides us with more accurate, up-to-date and legible information than the paper forms we've used in the past. Because it is web-based, we have the ability to securely access the system via smartphone, tablet or computer so it's always accessible. The system also maintains the same levels of security and privacy as online banks to ensure the safety of your information, while limiting access only to the coach and manager in case an athlete requires support.

"By using ePACT, we will have better information for our students and better connection to their personal support networks of family and friends. I'm confident that our level of preparedness to deal with any situation will exceed expectations using this system." – Dan Wallis

ePACT Support

Have questions or feedback? Check out our Help Center at <https://epactnetwork.zendesk.com/hc/en-ca> or contact us at help@epactnetwork.com or 1.855.773.7228 ext. 1.



Kamloops Legacy Performance Games Registration Form

Name:	Email:
Phone #:	Birthday (MM/DD/YYYY):
Gender: Weight in kg:	Address:
Province:	Postal Code:

Events you wish to register for:

SEMINAR: Kobudo Yes I will participate No, thank you (circle one)

TOURNAMENT EVENTS:

The events are listed below. In the space provided write your events

Example:

Kata: Int kata M Kumite: int Kumite LW M Kobudo: int. kobudo

Kata: _____ Kumite: _____ Kubudo _____

Events:

Beg	kata	M	(generally White/Yellow)
Beg	kata	F	
Beg	Kumite LW	M	
Beg	Kumite HW	M	
Beg	Kumite LW	F	
Beg	Kumite HW	F	
Beg	Kubudo	M/F	



Fortius Athlete Development Centre
 Sydney Landing 2002A
 3713 Kensington Avenue
 Burnaby, BC V5B 0A7
 Tel: 604-333-3610 ~ Fax: 604-333-3612
www.karatebc.org ~ info@karatebc.org

Int	Kata	M	(generally Orange/Green)
Int	Kata	F	
Int	Kumite LW	M	
Int	Kumite HW	M	
Int	Kumite LW	F	
Int	Kumite HW	F	
Int	Kubudo	M/F	

Adv	Kata	M	(generally Blue/Brown)
Adv	Kata	F	
Adv	Kumite LW	M	
Adv	Kumite HW	M	
Adv	Kumite LW	F	
Adv	Kumite HW	F	
Adv	Kubudo	M/F	

Black	Kata	M	(generally Black only – non elite)
Black	Kata	F	
Black	Kumite LW	M	
Black	Kumite HW	M	
Black	Kumite LW	F	
Black	Kumite HW	F	
Black	Kubudo	M/F	

Black	Kata	- elite	M	(Black only – elite/previous champions)
Black	Kata	-elite	F	
Black	Kumite LW	-elite	M	
Black	Kumite HW	-elite	M	
Black	Kumite LW	-elite	F	
Black	Kumite HW	-elite	F	
Black	Kubudo	-elite	M/F	

Karate BC reserves the right to combine divisions if need be.



*Funded by the Ministry of Community,
 Sport & Cultural Development*

Affiliations: Karate Canada, Pan-American Karate Federation, World Karate Federation, viaSport, Sport BC, Canadian Sport Council, Canadian Olympic Association, BC Winter Games Society, Coaches Association of BC, BC Recreation and Parks Association, Volunteer Vancouver