



KARATE BC

**Canadian Sport Institute Pacific
and Karate BC
Athlete and Coach Nomination Criteria**

Criteria Approved June 6, 2023:

CSI Pacific Representative: Nicholas Baker-Bell	<i>Nicholas Baker-Bell</i> Signature
Karate BC Representative Julie Zilber	<i>[Signature]</i> Signature

PURPOSE

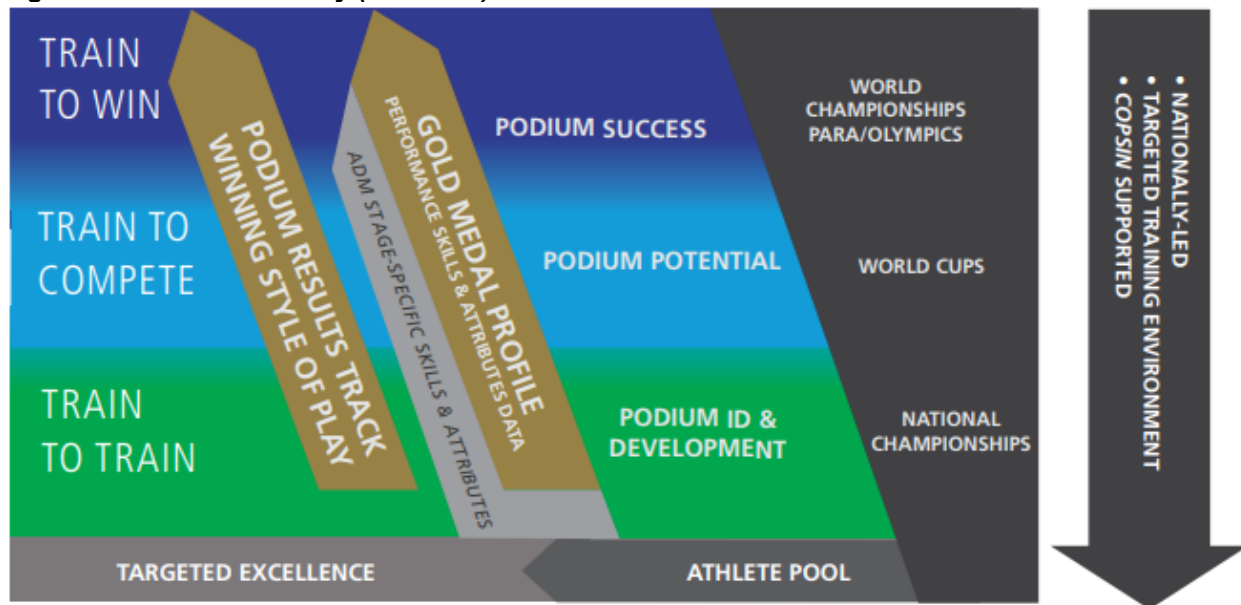
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and Karate BC, collaborates to deliver programs and services to place BC athletes¹ onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the Karate BC high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, Karate BC may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of Karate BC targeted athlete benefits, programs, and services as delivered through Karate BC.

Targeted athletes are nominated by Karate BC based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to [Julie Zilber – HPC Chair, hpc@karatebc.org](mailto:hpc@karatebc.org). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward Karate BC high performance program benchmarks to remain targeted. Julie Zilber – High Performance Committee Chair – and the Canadian Sport Institute technical lead working with Karate BC have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / Karate BC targeting runs **August 1 to July 31** annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the Karate BC targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by Karate BC and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with Karate BC as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on Karate BC's nomination list at coach's discretion when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
 - b. The athlete in question was previously nominated by Karate BC in the previous 24 months.
4. Athletes are current residents of BC for at least three months and have not received funding from other provinces past 12 months or are currently funded by other provinces.
5. Agree to sign the Karate BC Team handbook agreement for the competitive season.
6. Agree to participate in Provincial Team Training program including all training camps and competitions for which the athlete is selected.
7. Compete in Kata or Kumite disciplines.
8. Complete a BC Team supervised fitness test.
9. Complete a BC Team supervised individual training plan.

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the Karate BC sport-specific criteria:

Podium / Canadian Elite (Sport Canada AAP Carded)

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

**Note, it is the responsibility of Karate BC, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

Karate BC Sport-Specific Criteria:

- Member of the Senior National Team, not Sport Canada Carded or funded, and named to a World Karate Federation (WKF) sanctioned event on Senior Team Canada in the past 24 months

OR

- 1st Place Finish in a Senior category at the National Championships within the past 24 months. (Qualification events are based on the Karate Canada Selection Criteria which may differ year to year.

**2022-23 Senior National Team Criteria: https://karatecanada.org/wp-content/uploads/2022/06/KC_Sr_NatTeamCriteria_2022-2023.pdf*

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),
- AND**
- Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
 - Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

**Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

Karate BC Sport-Specific Criteria:

- Completion of 2022/23 BC Team Fitness Test.

AND

- Athletes who have trained a minimum of 100 hours in the previous 12 months

AND

- Athletes who have not already qualified as Canadian Development

AND at least one of the following:

- Podium finish at the previous Junior Pan-American Championships OR Junior World Championships in a Junior (16-17) or U21 (18-20) category.
- OR
- Podium finish in a Senior category at the last National Championships.
- OR
- 1st Place finish in a Junior (16-17) category at the National Championships
- OR
- Member of the National Team in a Junior (16-17) category or a U21 (18-20) category in the past 24 months
- OR
- National status from the previous year, but have aged out of their category, as verified by the NSO.

***2022-2023 Junior National Team Criteria**

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

AND

 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
 - Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

Karate BC Sport-Specific Criteria

- Completion of 2022/23 BC Team Fitness Test.

AND

- Athletes who have trained a minimum of 100 hours in the previous 12 months.

AND

- Athletes who do not meet Provincial Level 1 and Canadian Development eligibility

AND at least one of the following:

- Top 2 ranked Senior, U21 (18-20), or Junior (16/17) Male/Female Athletes on Overall Rankings in the Karate BC Ranking System.
- OR
- Podium finish in a Junior (16/17) category at the last National Championships or Junior National Team Qualification Events(s) <http://www.karatebc.org/bcteam-program/>
- OR
- 1st Place finish in a Cadet (1415) category at the last National Championships and member of the National Team and in their last year of Cadet age eligibility. (14 years of age within the calendar year in which the result was achieved)
- OR
- 1st Place finish at the Provincial Championships
- OR
- Top 1 ranked Cadet (**14-15yrs**) and Youth (**12-13yrs**) Male/Female Athletes on Overall Rankings in the Karate BC Ranking System

**Karate BC Rankings are currently based on several events in the annual BC Karate Team selection program.*

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

Karate BC Sport-Specific Criteria:

- Be a member of Karate BC in good standing
- AND
- Have completed NCCP Competition Introduction coaching course