



Volunteers needed

Karate BC bids to Host 2012 Nationals

By Dan Wallis
KBC President

Karate BC is negotiating with Karate Canada to host the Nationals next year.

We are looking at holding the tournament on the weekend of March 16-18, 2012 at the Richmond Olympic Oval.

We are currently negotiating with local hotels to be host hotel for this event. Both of the short-listed hotels are within 900 metres of the venue site.

If we can come to a satisfactory agreement with Karate Canada then Karate BC will be advertising for committee people to help put this amazing event together.

If you would like to help in any way please contact James Johnson at Karate BC.

Being a volunteer for this event is a great way to be part of a National Championship – right in our back yard!

Please consider helping out.

Part-time Executive Director Interviews on July 9, 2011

Your KBC Executive will be interviewing prospective candidates for the all-important job of Executive Director.

We hope to make an announcement of the successful candidate in the near future.

Due to budget restrictions, the position will be part-time.

Karate BC to Move the Provincial Championships to November

Karate Canada has insisted the National Championships will be in the latter part of March each year.

This necessitates us moving our Provincial Championships earlier in the year (from January) to November so we can better prepare our provincial team to be at their best for the Nationals.



Dan Wallis

The domino effect not only impacts our Provincial Championship but also our Zone playoffs as they must move to the latter part of October now that the Provincials are in November.

The New NCCP

The new NCCP....brings fear into the hearts of many.

Change is always so difficult, isn't it?

I think this new NCCP will create an avenue to help create better coaches and to provide some great training and solid certification for dojo instructors.

"The Instruction Stream" is a context of training and certification for dojo instructors that have little interest in

(Continued on page 4)

Zone coordinators please decide on your playoff dates as early as possible and communicate the dates to us at the Karate BC office so our calendar is set prior to the start of September, 2011.

AGM to move to November

Not only will our tournaments shift their dates but our **Annual General Meeting**, which is traditionally held at the Provincials, will now be in **November**.

As we move into the Fall our membership needs to consider who we want on the Karate BC Board of Directors.

Each year half of the Board is up for election so if you would like to have a voice in how your provincial association runs, consider putting your name forward.

My term as President will be up and I will not be seeking re-election as President. I have had the privilege of serving this association as Director-at-Large, Treasurer, President, First Vice President and then President again for the past six or seven years.

I have been honoured to have worked with many fine Board members, outstanding staff members in Cheryl Gray and James Johnson, and exceptional karate instructors, officials, dojo members, and parent supporters over the years.

The challenges Karate BC faces are real: declining revenues from government, a changing membership base, competition from other combat sports for membership, and people being time-impooverished are just some of the very real challenges that we face.

But we are a hardy bunch.

We have been an association for over 35 years and we have met all challenges head on; won most of the contests we have faced and are ready for the challenges of the years to come.

I wish the next Board all the best.



Karate BC First Vice-President Rob Walker presided over the Special Meeting called to approve updates to the Karate BC Bylaws — Charles La Vertu photo

Karate BC Bylaws updated

The Karate BC bylaws were updated and consolidated by special resolution at a Special Meeting of the Association held June 10 at the Vancouver Shito-Ryu Seiko-Kai dojo.

The bylaw changes were not voted upon as scheduled at the Annual General Meeting in January because notice was sent out too late.

Notice of the proposed changes as well as the wording was sent to all member dojos in December and again in May.

Our bylaws now conform to the changes to the Society Act and include revisions that were approved by our membership in 1983, 1985, 1989, 1995, 1998 and 2004.

There was also a major review in 2005, but no changes were made.

The revisions accepted included most of the suggestions that came out of that 2005 review, as well as a few changes from a review that took place last year, 2010.

The revised bylaws will be posted on our website as soon as they are registered with the provincial government.

Changes adopted include:

- Adding a definitions section that reflects the current language of

the Society Act, as well as the stated policies of our Society.

- Removing any distinction between Black Belt and Non-Black Belt 'associate' members with respect to voting rights.
- Note: All Regular Members over the age of 16 are voting members; all members under the age of 16 may not vote.
- Grounds for cessation or expulsion from the Society are more clearly defined;
- Provisions that state all general meetings of the Society will be held in B.C.;
- A 14-Days' notice period of any Annual General Meeting to the general membership;
- Allowing inspection of documents that will be considered or voted upon at a meeting be done electronically;
- A requirement that any proxy holder be a voting member of the Society;
- Allowing for the appointment of Directors from the membership by the Board to fill a vacancy;
- More specific duties assigned to the First and Second Vice-Presidents in the absence of the President;
- A provision that Directors and Officers should not only be free of conflicts of interest, but that they should appear not to be in a conflict of interest.

We thank Sato Sensei for use of his dojo for the meeting.



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Director-At-Large:
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Newsletter editor:
Charles La Vertu

Karate BC Affiliations:
Karate Canada,
Pan-American Karate Federation,
World Karate Federation,
Sport BC,
Canadian Sport Council,
Coaching Association of BC,
The Canadian Olympic
Association,
BC Recreation and Parks
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NCCP in transition

NCCP is transitioning to a new format.

The old NCCP program will no longer be offered after Aug. 31 and paperwork from the old program will not be accepted after that date.

Chief instructors are urged to check their certification to ensure they meet the requirements. See pp 1, 4 and 5 for details.

Correia marks 30 yrs in Cowichan Valley

The 2011 Vancouver Island Karate Championships, held May 14 in Duncan, celebrated Shihan Fernando Correia's 30 years of teaching karate in the Cowichan Valley.



On hand to honour Sensei Correia, who turned 65 in March, were Karate BC President Dan Wallis of Campbell River, former KBC medical director Dr. Chee Ling, formerly of Kitimat, and Peter Akutagawa, eldest son of Fernando's sensei, David Akutagawa, both from the Mainland.

Correia, a 6th-degree black belt, started karate in Kitimat in the early 1970s.

When Sensei Murray Johnson, an RCMP officer, was transferred out of Kitimat, Correia and a few other higher-ranking belts went up to where Renshikan Karate Association founder Sensei David Akutagawa was living and basically, as they called it, "kidnapped" him and brought him and his family to Kitimat.

Sensei Correia teaches Shito-Ryu karate now thanks to Akutagawa Sensei.

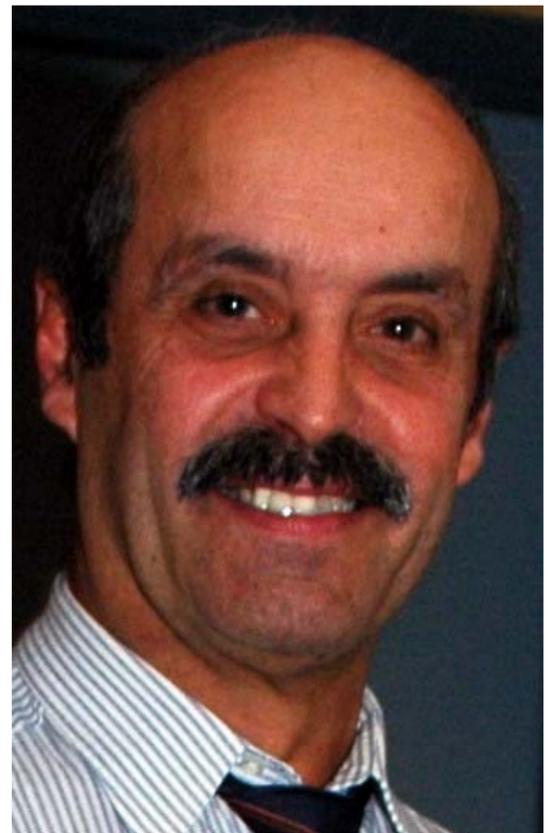
Correia moved to the Cowichan Valley in 1981, after having achieved his 2nd degree black belt, and his dojo has been in the Island Savings Centre (home of the world's largest hockey stick) since 1983.

At one time in the 1980s, he had his main dojo in Duncan, another one in Lake Cowichan and another in Cobble Hill with around 200 students training.

Correia, the Karate BC Winter Games provincial advisor, was instrumental in getting Zone 6 (Vancouver Island—Central Coast) karate into the BC Winter Games.

It was in 1982 when he put a team together from the Island (Karate BC members) to compete at their first, and not last, Winter Games.

He was Zone 6 Winter Games coach for many years.



Sensei Fernando Correia

Ablly assisted by Sensei Loretta Schwab, he is also responsible for ensuring that Zone 6 is self-sufficient in trained officials, holding officials clinics up and down the Island as well as throughout the province.

He is a national referee as well. A former competitor, his most notable achievement was getting double golds in Australia in 1992.

Correia has been a member of Karate BC since its inception in 1974. His Duncan dojo has produced many Provincial and National athletes over the years. He also represents Zone 6 on the Karate BC Officials Committee.

KBC OFFICIALS AT THE NATIONALS

**By Elizabeth Wijnstra
Chair
Karate BC Officials Council**

Another year of travel for officials from BC, this time all the way to St. Hyacinthe, Quebec.

Due to generous funding from Karate BC this trip was made possible for the following officials: Andreas Kuntze, Trevor Walmsley, Brian James, Phil Taneda, Rick Penner and myself.

Rosella Ng decided at last minute to join the team, and funded her trip personally.

Four of our officials challenged their national exam with success: Phil Taneda : Kata Judge A, Kumite Referee A; Andreas Kuntze: Kata Judge A, Kumite Referee B; Trevor Walmsley: Kata Judge B, Kumite Judge B; Rosella Ng: Kata Judge B, Kumite Judge B.

Congratulations to you all!

Brian James, Rick Penner and I are already nationally certified Kata A, and Kumite Referee A.

We are very grateful to Karate BC for the financial assistance. Without it, BC wouldn't have had such a great group of officials present.



Karate BC officials taking part in the Nationals included Andreas Kuntze, Trevor Walmsley, Brian James, Elizabeth Wijnstra, Rosella Ng, Phil Taneda and Rick Penner.

For the last several years, due to financial cutbacks that KBC was facing, our officials received only partial funding, or none at all. This year was a welcome change, and we

truly hope to see this support continue. That could result in an increase in numbers of KBC officials at the national level in future.

On behalf of this team, thank you Karate BC!

The New NCCP

(Continued from page 1)

coaching athletes in the tournament setting.

Those coaches who want to improve skills in the tournament setting (Zone Coach, Provincial Coach and National Coach) have "The Competition Stream" to dig into.

There are other streams but these two have been deemed the most important and courses and certification in both are now ready to go.

Karate Canada has been working very hard in the past few years to get approval (and funding) for these programs and a couple of us from BC have been attending the training sessions to become familiar with the new programs and how to offer them in our provinces.

Many other sports have already undergone the transition.

What happens to my current certification level?

Well, Karate Canada has put together a transition system that takes into account many levels of training in the old program.

The diagram with this article can explain it for you (See page 5). If you are fully certified at level 1 or level 2, you stand the best chance to be transitioned to a full level in the new program.

If you are lacking a portion of the requirements for full certification at either Level 1 or 2, you will not be granted full certification in the new levels but might be considered "trained".

For example, currently Chief Instructors of a dojo need to be fully certified at NCCP level 1 and have Part B or they risk incurring a fine each year when they register their dojo and members.

Those who are already certified at level 1 in the old system will be transitioned to being fully certified in the new system at what Karate Canada feels is the equivalent.

This is called "Instructor Beginner".

So, if you are a chief instructor and already certified at level 1 and have Part B theory, you really don't need to do anything right away other than to double-check your certification status online with the NCCP. Go to www.nccp.coach.ca to find out.

Is there a deadline?

August 31st is the deadline decided on by the Board of Directors for any stray paperwork to be sent to Donna Gardecki, NCCP coordinator. Her email is gardecki@shaw.ca.

That is when the old NCCP program will no longer be offered and paperwork from the old program will not be accepted after that date.



NCCP coordinator Donna Gardecki, left, seen here with BC Team coach Nicole Poirier, was selected Karate BC's 2010 Inspirational Athlete of the Year

So please make sure you find out what your certification level is on file with the coaching association (www.nccp.coach.ca) before you assume that everything has been done and that you are up to date.

You will need your coaching number and if you don't have that – there are directions on the website on how to get that information so please don't wait until the end of the summer to check.

What about the 'Make ethical decisions online?'

All coaches whose NCCP qualifications are transferred to the new NCCP must complete Make Ethical Decisions (MED) within five years of the transfer taking effect.

This is one of the modules in the Part A Theory (which is one part of the Level 1 certification).

Coaches who are granted 'certified' status must complete the online

evaluation of MED within five years of the transfer.

If you don't, your status will drop to 'in training' and only be returned to 'certified' once you complete the online evaluation.

Will there be any more courses offered before Aug. 31, 2011?

No courses are planned but if the Karate BC office gets a large number of requests to hold either a Level 1 or Level 2 technical course before the end of the summer, they will consider hosting one.

Your best bet is to contact the Karate BC office (www.karatebc.org) and let them know that you want one in your area.

Remember that you need to be actively teaching karate after the course to satisfy the requirements for the practical part of the Level 1 and Level 2 programs so that you can submit your paperwork before the August 31st deadline.

BC Athletes bring home the hardware

Shaun Dhillon took gold in the men's +84kg at the recent North American Cup. Jusleen Virk won silver in the women's 50kg category while Toshi Uchiage brought home bronze in men's kata.

Kraig Devlin and Nicole Poirier were part of the coaching staff of six coaches at the event held June 23-25 in Montreal.

TRANSITION DOCUMENT FOR NCCP OLD – TO – NEW

I Currently Have		I will be transitioned to.....>>>>>>>	Instruction Beginners	Instruction Intermediate
Level 1 Certified			Certified	
Level 1 Tech + Level 1 Theory (Part A) (missing Practical 1)		Once the transition is complete – any instructor who is not 'Certified' at the level they need/want in the new system will have to go through training and/or evaluation in the new program.	Trained	
Level 1 Technical			In training	
Level 2 Certified			Certified	Certified
Level 1 Certified Level 2 Technical + Level 2 Theory (Part B) (missing Practical 2)		Recommendations: Dojo Instructor: Certified Instruction Beg. Part B theory Zone Coach: Certified Competition Introduction	Certified	Trained
Level 1 Certified + Level 2 Theory (Part B) (missing Technical 2 and Practical 2)			Certified	In training

In training: Currently taking workshops

Trained: Completed workshops and assembling portfolio

Certified: Competed portfolio and evaluation successfully

Make Ethical Decisions Policy Requirement:

All coaches whose levels NCCP qualifications are transferred to the new

NCCP must complete Make Ethical Decisions (MED) within five years of the transfer taking effect.

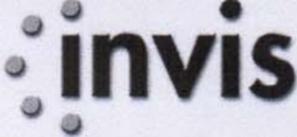
A) Coaches who are granted 'Trained' status must complete, as a minimum, training in MED.

Coaches who fail to meet this requirement within the five years will be reassigned 'In Training' status with credit for all criteria except MED and be restored to "Trained" status when the MED training is complete

B) Coaches who are granted 'Certified' status must complete the evaluation of MED.

Coaches who fail to meet this requirement within the five years will be reassigned "In Training" status with credit for all criteria except MED and be restored to 'Certified' status when the required MED evaluation is complete.

Coaches who complete the MED training online will be reassigned 'Trained' Status.



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Tom Mah is a 6th Dan Shihan in Shito-Ryu and is the Chief Instructor at the Tom Mah School of Karate in Kelowna, BC.

Best showing in last 10 years

BC Team mines gold at the Nationals

By Sandeep Gill

The third week of March was a busy time for the Karate BC Provincial Team as close to 60 athletes made their way to Montreal, Quebec, to compete at the National Karate Championships.

As always, there were strong delegations from Ontario and Quebec, as well as several smaller but strong teams from the Maritimes and Alberta in attendance as well.

The tournament operated on four Tatami mats and was well organized and executed by Karate Canada and Karate Quebec.

The BC Team had two training camps before the tournament, as the provincial team was selected in mid-February for the tournament that was held in March.

One of the highlights of the training sessions was the group session with some of our American friends from Washington State led by Sensei Charles Sweighart, WKF referee.

The level of this training was extraordinary and we look forward to continuing our cooperation with our friends from Washington State to continue our improvement in competitive karate.

Aside from the positive team spirit and the great morale of the team, I am happy to report that we have had one of our best performances in the last 10 years!

BC had an excellent showing in the Kata divisions, with BC athletes winning Gold in men's and women's Kata, as well as 16/17 Boys' and Girls' Kata and 14/15 Boys' Kata as well.

This is a positive reflection of the hard work that the athletes and dojos are putting in to ensure that our athletes are prepared for the Nationals and are training at an Elite level.

We are also happy to report that the kumite athletes had a successful performance at the Nationals as well, earning six individual gold medals in their respective categories.

In addition to this success, BC was second to Quebec and less than five points away from winning the junior aggregate championship.

In addition to this great performance, BC was able to secure thirteen spots for the Junior Pan American Championships with their Gold and Silver medals and look to have the most ever competitors qualify for this international tournament.

All in all, it was a successful year for the athletes from British Columbia.

We would not have been successful without the coaching team of Nicole Poirier, Mike Ditson, Peter Stoddart and Cindy Jacob.

We also had help from the administrative side from Rick Penner, chair of the High Performance Committee for Karate BC as well as our corporate sponsor Bushido Martial Arts Supplies, who again provided us with track suits and free gym bags for everyone on the team.

It was a real pleasure working with this great team of athletes and coaches and I wish everyone success on their training and preparation for next year's Nationals which will hopefully be in BC!



KBC Team Head Coach Sandeep Gill

Gold Medallists at 2011 Nationals

Zone 4

Toshi Uchiage	Men's Kata
Sumi Uchiage	Women's Kata
Jag Sandhu	14/15 -63kg Kumite
Isabel Chan	14/15 -47kg Kumite
Jusleen Virk	18-20 -53kg Kumite
Matthew Ly	16/17 +76kg Kumite
Derek Chan	16/17 -55kg Kumite

Zone 5

Tan Nguyen	14/15 Kata
Tan Nguyen	14/15 -57kg Kumite
Paulo Santillon	16/17 Kata
Victoria Barusic	16/17 Kata
Kimeru Boys Team	14/17 Team Kata

How we fared at the Nationals

Kata Individual female Cadets (13)

5 Alvarez Bernadette

Kata Individual female Juniors (12)

1 Barusic Victoria
2 Arksey Emma

Kata Individual female Seniors (11)

1 Uchiage Sumi

Kata Individual male Cadets (16)

1 Nguyen Tan
3 Newell Geoffrey
5 Dong Thomas
5 Kwong Evan

Kata Individual male Juniors (13)

1 Santillian Paulo
3 Joe Christopher

Kata Individual male Seniors (10)

1 Uchiage Toshi
2 Lee Kenneth

Kata Team male Cadets and Juniors (3)

1 TEAM BC
- Santillian Paulo
- Dong Thomas
- Chan Terrence

Kumite Individual female Cadets -47 (9)

1 Chan Isabel

Kumite Individual female Cadets -54 (7)

5 Rowland Samantha
5 Rattee Alexis

Kumite Individual female Juniors +59 (8)

2 Lofstrom Reid
3 Arksey Emma

Kumite Individual female Juniors -48 (7)

3 ONeal Cadence
5 Boothe Claire

Kumite Individual female Juniors -53 (7)

3 Barusic Victoria

Kumite Individual female Juniors -59 (7)

3 Stover Allie
3 Jenkins Sarah

Kumite Individual female Seniors -50 (8)

3 Virk Jusleen

Kumite Individual female Seniors -55 (7)

3 Uchiage Sumi

Kumite Individual female Seniors -61 (7)

2 Maikawa Andrea

Kumite Individual female Seniors -68 (8)

5 Logan Kimberly

Kumite Individual female Seniors Open (13)

7 Logan Kimberly

Kumite Individual female U21 -53 (6)

1 Virk Jusleen

Kumite Individual male Cadets +70 (7)

3 Ly Brendon
5 Didak Peter

Kumite Individual male Cadets -52 (9)

3 Chan Terrence

Kumite Individual male Cadets -57 (8)

1 Nguyen Tan
3 Chan Zach

Kumite Individual male Cadets -63 (9)

1 Sandhu Jag
2 Sawal John

Kumite Individual male Cadets -70 (11)

3 Erickson Kyell
5 Evans Callan

Kumite Individual male Juniors +76 (6)

1 Ly Matthew

Kumite Individual male Juniors -55 (7)

1 Chan Derek
3 Santillian Paulo

Kumite Individual male Juniors -61 (8)

3 Matharu Avneet
5 Arzoumanian Elliott

Kumite Individual male Juniors -68 (9)

5 Robinson Dylan

Kumite Individual male Juniors -76 (9)

3 Kalhoty Sukresh
5 Archbold Kodi

Kumite Individual male Seniors +84 (7)

2 Dhillon Shaun

Kumite Individual male Seniors -60 (8)

3 Martin Cody

Kumite Individual male Seniors -75 (9)

3 Bickel Matthew

Kumite Individual male Seniors -84 (12)

5 Purves Brian
7 Parker Dan

Kumite Individual male U21 -68 (8)

3 Martin Cody
3 Boothe Coulson

Kumite Individual male U21 -78 (8)

5 Parker Dan

Kumite Team female Cadets (6)

2 Team BC
- Alvarez Bernadette
- Chan Isabel
- Rattee Alexis
- Rowland Samantha

Kumite Team female Juniors (4)

2 TEAM BC
- Barusic Victoria
- Jenkins Sarah
- ONeal Cadence
- Virk Anisha

Kumite Team male Cadets (5)

3 Team BC
- Erickson Kyell
- Evans Callan
- Nguyen Tan
- Sandhu Jag

Kumite Team male Juniors (5)

2 Team BC
- Kalhoty Sukresh
- Ly Matthew
- Robinson Dylan
- Santillian Paulo

Nicole Poirier at the Senior Pan American Championships

BC coach for Ontario medallist

Pat Grant of Ontario won the gold medal in the women's +68 kg individual kumite category in the Sr Pan American Karate Championships in Guadalajara, Mexico, May 27-29, and became the first Canadian athlete to earn a spot for participation in the 2011 Pan American Games.

The Games, a vast multi-sport celebration of excellence, will take place in Mexico in October.

Pat's coach at the Pan Ams was **Karate BC Team Coach Nicole Poirier**.

GUADALAJARA 2011:

"This Pan American Championships was my first time being coached by Coach Nicole," said Pat Grant.

"We never really spoke in the past; however, I sensed an authenticity about her when I first listened to her speak at our team meeting.

"I knew it was going to be a good match, as I naturally gravitate towards those who indulge that deep intellectual and philosophical aspect of my character.

"I approached her at the end of our first team training, and asked her to be in my corner.

"She told me she would be honoured to do so.



Karate BC Team Coach Nicole Poirier, a former Pan American medallist, gets a taste of the medal won by Pat Grant. Below, Roberto Hernandez Garcia, president of the Federación Mexicana de Karate y Artes Marciales Afines and Pat Grant — Dick Grant photos

"On the day of competition, she took care of me from beginning to end.

"During the six or so hours between my elimination rounds and the finals, I got sick.

"The combination of intense heat and food that didn't sit right caused me to overheat and throw up.

"My father grabbed a bunch of cold water bottles to pour over me to drop my internal temperature.

"With a pounding headache, I slowly cooled down and then began developing the chills.

"Coach Nicole sat outside with me on the stairs. What seemed to be 45 minutes to an hour or so, was in fact approximately three hours long.

"She began performing Reiki on me while we spoke. During those few hours, I had the deepest, most unique experience of my life. I was at one with my surroundings.

"As my father often says, "you have to be loved before you go into the ring, and when you come out."

"The true essence of what Coach Nicole provided me outside of the ring is undoubtedly indescribable and irreplaceable.

"The only way to thoroughly understand it is to experience it, and that is something no one will ever be able to take away from me."

(Continued on page 8)





Todd Conrod, Vancouver Island Karate Society treasurer, presented Emma Arksey with a cheque in the amount of \$400. Applauding the presentation is Emma's sensei, Brenda Bombini of Courtenay-Comox Shito-Ryu

Zone 6 gives Emma a hand

Zone 6 has provided a helping hand to Emma Arksey of Courtenay-Comox Shito-ryu Seikokai for her journey to the Junior Pan Am Championships on Aug. 28 to Sept. 4 in Fortaleza, Brazil.

Zone Treasurer Todd Conrod presented Emma with \$400 to help cover expenses.

She won silver in kata and bronze in kumite at the Nationals earlier this year in St. Hyacinthe, Que.,

The silver medal in kata earned her an invitation to participate as a junior (under 18) member of Team Canada.

She was in Las Vegas on April 22-24 for the USA Open karate tournament where she lost first round in kata, won one fight in kumite and then lost, then got



Emma Arksey at the Nationals

repechage and lost.

In team kumite, her team won 4th place bronze, reports coach Pam Ross, a national gold medalist who competed at the Pan Am Championships in Brazil.

Arksey has been a student of Senseis Brenda Bombini and Todd Robertson over the last 10 years.

As a member of the Zone 6 team she has been training with Vancouver Island coaches Ross of Courtenay, Roy Tippenhauer and Chad Edberg of Campbell River, and Team Canada coach Kraig Devlin of Victoria.

Also slated to take part in the Pan Ams are Jag Sandhu, Isabel Chan, Matthew Ly, Derek Chan, Jusleen Virk, Victoria Barusic, Paulo Santillian, Tan Nguyen, Thomas Dong, Terence Chan, John Sawal and Reid Lofstrom.

Karate BC Team head coach Sandeep Gill says other athletes are awaiting word from the National Coaching staff to see whether a space will be open for them.

BC Coach

(Continued from page 7)

Pat Grant

Age began karate: 5 (at Superkids with Sensei Wally Slocki)

Current age: 22 (at Kanzenkai with Sensei Anush Mushfiq and Sensei Nassim Varasteh-Reyhanian)

First Nationals: age 14 (2003 Nationals in Montreal)

First National Gold: 2004 Nationals (Edmonton)

National Gold Medal total: 11

National Medal total: 20

Jr Pan American Championships:
2005: Silver (Uruguay)
2006: Bronze (Curacao)

Sr Pan American Championships:
2010: Silver (Ecuador)
2011 Gold (Mexico)
2008 Commonwealth Championships:
Gold (Scotland)

Major Injuries:
Complete ACL tear in 2002 middle school basketball tournament (competed with no ACL in my first karate nationals in 2003), resulting in the inability to finish my first fight due to knee re-popping). Had surgery (ACL reconstruction) in the summer of 2002.

Broke ankle in 2007 two weeks before the Jr. Pan American Championships in Ecuador, and two months before Jr. Worlds in Turkey, resulting in the inability to attend both.

In 2009, re-popped knee (with ACL in tack) at the North American Cup.

"From then on, I've had to learn how to fight southpaw. Even though it has taken me a long time to become comfortable with it, I still see it as fighting with a disability."

Bowen Qian joins KBC for the summer

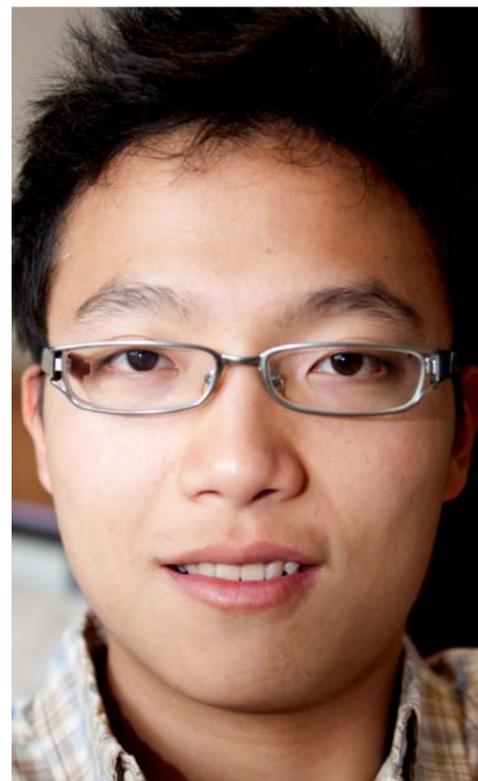
My name is Bowen Qian, and I am a science and business student from the University of Western Ontario (located in London, ON), entering second year in September.

Prior to going to school there, I was a local Lower Mainlander from North Burnaby. As a summer student for Karate BC, I am going to be helping organize the national karate competition.

Of all the sports that I play – golf, basketball, ultimate Frisbee, snowboarding, billiards, and soccer to be exact — I have never really explored karate and I am excited and grateful for this opportunity to learn more about the discipline.

I am going to be working to the end of August.

Fun fact: I am a photography enthusiast/addict. I bring my camera everywhere I go!



Thank you

I would just like to thank Karate BC so much for the recognition with the BC Athlete Assistance Program support. It will help a lot with funds and I am greatly honoured .

Thank you again,
Reid Lofstrom

Lofstrom, 16, of Mission, was part of the Karate B.C. team to compete in the Nationals in Montreal in March.

The Grade 11 student, who trains at the Burnaby Karate Academy, placed second.

Earlier this year she was named Karate BC junior female athlete of the year. (See also page 10)



Reid Lofstrom

Also awarded assistance grants were Toshi Uchiage, Sumi Uchiage, Tan Nguyen, Derek Chan and Matthew Ly.

The BC Athlete Assistance Program supports provincial athletes who demonstrate the commitment and potential to represent BC and Canada in recognized competitive sporting events.

The award of \$500 each is provided by the Provincial Government and supplemented by Karate BC.



2010 Grand Champions awarded at this year's tournament. From left: Sr. Male Adam Wackershauser (AB), Jr. Male Seiya Takeuchi and Sr. Women Sumi Uchiage (Jr. Women Angiolina Wakelin not in photo)

The 38th Steveston International

(Submitted) -- The 38th Steveston International Invitational Tournament was held at the Steveston Indoor Tennis Court on Feb. 26, 2011.

next Karate Ontario tournament this April.

Congratulations Geoffrey!

During the opening ceremony, three of our guests gave speeches; John Yap, MLA, Government Caucus Chair, Malcolm Brodie, Mayor of Richmond, Jim Kojima, former Chief Referee of the International Judo Federation, also Dr. Julius Thiry (former WKF referee councilor), Chuck Sweigart (highest licensed WKF official), Zvonko Celibija (WKF Official), and the highest Kata license holder in Canada, Brian James.



Jim Kojima, former chief referee of the International Judo Federation with Takeshi Uchiage

Eleven contestants entered the Blind Kata with the winner being Kaz Yamamura from Nikkei Shito-Ryu.

The Steveston Karate club donated \$800 through the community centre, and also to Karate Canada.

We would like to continue to support by giving more donations to help with the Japan Disaster.



Richmond Mayor Malcolm Brodie

One Junior Official, Geoffrey Newell from Victoria, gave a good impression to the Karate Canada referee Councilor during this tournament and was invited to the

Division	1st	2nd	3rd	3rd
Blind Kata	KAZ YAMAMURA	STEVE CHAMPION	KEN DING	*****
W	RYO NAKAGAWA	SEIYA TAKEUCHI	TERRENCE CHAN	PAULO SANTILLIAN
Women's Kata	SUMI UCHIAGE	HIDEMI UCHIAGE	PAM ROSS	ASUKA NAKAGAWA
Women's Kumite	SUMI UCHIAGE	PAM ROSS	ASUKA NAKAGAWA	FEENEY LAURA
Men's Kata	TOSHI UCHIAGE	KENNETH LEE	RUPERT ESPINOSA	PAULO SANTILLIAN
Men -70Kg	BRIAN EMBRY	RUPERT ESPINOSA	ANDREW MOORE	MARIO EVANGELISTA
Men Open	ADAM WACKERSHAUSER	BRIAN PURVES	KALAN ANGLOS	JACK GONZALES

Karate BC award winners

The 2010 Karate BC Junior Sportsmanship Award was presented to Jocelyn Fennell during the Provincial Championships held earlier this year in Burnaby.

Jenny Fennell was named KBC Volunteer of the Year.

Other recipients included:

Male Athlete: Toshihide Uchiage

Female Athlete: Cassy Schouten

Junior Male Athlete: Rueben James

Junior Female Athlete: Reid Lofstrom

Inspirational Athlete: Donna Gardecki

Official: Steve Tang

Coach – Grassroots: Roy Tippenhauer

Coach - High Performance: Kraig Devlin

Volunteer – Dojo: Frank Mostad

Sponsor of the Year: Bushido

Female Grand Champion: Sumi Uchiage

Male Grand Champion: Kenneth Lee



Junior Sportsmanship Award winner Jocelyn Fennell and Tournament Director Kurt Nordli. Below: Official of the Year Steve Tang with Officials Committee Chair Elizabeth Wijnstra. Left: KBC President Dan Wallis and KBC Volunteer of the Year Jenny Fennell. Below left: Team Canada and Zone 6 coach Kraig Devlin — Charles La Vertu photos

