

KARATE 道 BC

NEWS

SUMMER 2008



CHECK OUT THE KARATE BC WEB SITE AT:

www.karatebc.org



Karate BC Executive Director James Johnson is retiring. See page 2



Selecting Team BC

See full results on page 6



Making history

Canada has its first Kumite medal in well over a decade from the Senior Pan American Karate Championships. Shaun Dhillon, from Abbotsford, competing in Venezuela, won bronze.



Valentyna Zolotarova



Jusleen Virk



Jacqueline Smith



Sumi Uchiage

2007 Karate BC Recognition Award Winners

Male Athlete of the Year
Shaun Dhillon
 Female Athlete
Valentyna Zolotarova
 Junior Male Athlete
Cody Martin
 Junior Female Athlete
Jusleen Virk
 Inspirational Athlete
Jacob Potvin (see page 8)
 Official
Loretta Schwab

Coach of the Year (Elite)
Sandeep Gill
 Coach of the Year (Grassroots)
Rick Chernoff
 Dojo Volunteer
Susan Lees
 Karate BC Volunteer
Jacqueline Smith
 Sponsor the Year
Arawaza
 Vince Redfern Scholarship
Sumi Uchiage

KARATE BC • 225-3820 Cessna Drive • Richmond, B.C. V7B 0A2

Tel: 604-333-3610 • Fax: 604-333-3612 • e-mail: info@karatebc.org • Web: www.karatebc.org

From the President James Johnson is retiring

When one thinks of Karate BC the name of James Johnson isn't far behind. He has been instrumental in building this association from its inception in 1974.

In our next issue of our Karate BC magazine we will have a synopsis of James' life in karate that will more adequately pay tribute to his many and varied contributions to the traditional karate world but for the purposes of this article I need to assure our members that your executive has a plan in place to ensure the smooth transition from the leadership we have enjoyed with James, through the selection process to find a suitable replacement, and then mentorship time with James to ensure that Karate BC events and its future are well looked after.

Time line of events

Fall 2007: James announces his intention to the Board of retiring in January 2009.

January 2008: President Dan Wallis contacted Sport BC for guidance regarding searches of this nature. He then spoke with another sport that had undergone a similar search within the last few years and he prepared a report to the Board.

March 2008: The Board charged Julie Zilber with the task of finding a skilled facilitator to help the Board define its goals and in the process more clearly define the skill set KBC will need for the position of Executive Director.

May 2008: The Board met with Kelly Stark-Anderson for a one-day seminar. At the conclusion of the seminar the



DAN WALLIS
Karate BC President

Board made the following decisions:

- to establish a search committee consisting of the following people:

-Charles LaVertu (chair)

-Andreas Kuntze
-Dan Wallis

The selection committee will establish a budget for this process.

A job description will be posted in this newsletter.

The selection committee will look nationally for a replacement through the provincial and national sport channels but will not seek major national newspaper advertisements.

The selection committee is currently determining the best advertising channels in Western Canada.

Applications will be received up until September 30, 2008.

Interviews will occur in October of 2008.

Your Board of Directors assures you that we will be thoughtful and thorough during the selection process and that James has indicated a willingness to support the Board with flexible retirement dates should we need to utilize his services after January, 2009.

Winston Churchill said: "There is nothing wrong with change, as long as it is in the right direction."

Your Board has worked hard to put into words the kind of Executive Director our association needs.

We believe this job posting will attract a person entering the field of sport management or it might entice one from another walk of life to switch careers later in his/her working life.



James Johnson (left) accepts the President's Award on behalf of the late Cal Moore (above).

Executive

President **Dan Wallis**
wallis_d@telus.net

1st Vice-President **Roy Tippenhauer**
rtippenhauer@wajax.com

2nd Vice-President **Mike Scales**
emscales@telus.net

Secretary **Charles La Vertu**
clavertu@wado.ca

Treasurer **Julie Zilber**
zilber@sfu.ca

Membership **Andreas Kuntze**
communications@shitoryu.net

Director-At-Large **Rick Penner**
pennerrick@hotmail.com

Director-At-Large **Ken Corrigan**
kenjan6@telus.net

Newsletter Team

Editor
James Johnson

Newsletter Committee

Charles La Vertu, Chair,
Editorial Committee

Cheryl Gray, Nicole LeMire
Tammy Pilon, Jean Sorenson

Design
Tamark Design
mark@tamark.ca

Printing
Infigo Imaging

Contact Karate BC at:

Suite #225-3820 Cessna Way
Richmond BC V7B 0A2
Tel: (604) 333-3610
Fax: (604) 333-3612

Karate BC Newsletter

is printed and published

by Infigo Imaging

#150-3820 Cessna Drive

Richmond BC V7B 0A2

CANADIAN PUBLICATIONS

MAIL SALES AGREEMENT #40063490

Sponsored by:





Provincial honours for two

Valentyna Zolotarova and Toshi Uchiage are this year's recipients of the Premier's Athletic Awards, which were presented by Premier Gordon Campbell at a ceremony on Feb 11.



In Loving Memory Mitchell Edward Hamilton Ho



January 11, 1997 -
May 28, 2008

Mitchell Edward Hamilton Ho, 11 years young, peacefully departed our world at 7:30 pm on May 28, 2008 to continue his life in the next journey.

On April 15, 2008 during recess on the playground, Mitchell suffered a spontaneous cardiac arrest. Despite the efforts of the school officials, first responders, paramedics, and the medical team at BC Children's Hospital, Mitchell suffered a devastating stroke and passed away peacefully due to heart failure.

Mitchell was a blue belt in Shito Ryu Karate and a precious member of the Arbutus Club Dojo, as well as the Shito Ryu Canada Karatedo Kai. Mitchell can be best remembered as the bright sun that shines through the cloudy days with his warm smile and his kindness towards others.

Mitchell exemplified the true Budo (warrior) spirit by always showing courage when faced with adversities. He is missed by everyone who knew him.

His spirit will always be in our hearts and memories whenever we train.

May he rest in peace.

William & Alice Chung, Sensei

At the Nationals

Four B.C. officials, with the support of the Karate BC Officials Committee, will be among those officiating at the 2008 National Karate Championships in New Brunswick.

Following the recommendations of the OC, the Executive Committee has approved funding for airfare and hotel accommodations for this event for the following individuals:

- Brian James
- Norma Foster
- Paul Sexton
- Rick Penner

MARK C. STACEY
Partner
mcs@singleton.com
A Law Corporation

Singleton Urquhart LLP
#1200 - 925 W. Georgia St.
Vancouver, BC V6C 3L2
Telephone: 604. 682 7474
Fax: 604. 682 1283
www.singleton.com

SINGLETON
LEGAL COUNSEL
URQUHART



AAP recipients and Dan Wallis, KBC President (far left) with Roy Tippenhauer, High Performance Chair (far right). The athletes are (front) Reuben James, Sumi Uchiage, Jusleen Virk, (back row) Jonathan Lum, Shaun Dhillon, Valentyna Zolotarova and Toshi Uchiage.

**Karate BC Open
Championships
is moving to the Island!**



November 22 in Duncan

2nd annual 'Japan Experience!'

Seiritsu High School welcomes junior high and high school students from around the world to participate in our unique and exciting two-week cultural immersion home stay program in Japan's capital city of Tokyo.

The Japan Experience! allows participants to learn Japanese, participate in cultural lessons, and enjoy fascinating field trips around Tokyo. On top of this, each participant gets to see how Japanese people really live by staying with a host family for their entire visit! Plus, the students can make friends with both Japanese students and the other participants from other countries.

Students who practice karate may also participate in karate classes of their style at night and work-out with this school's all-style karate club.

Dates: July 27 to August 10

Space: Maximum 10 students (program is already half filled with German, Canadian and Hong Kong students)

website: <http://www.seiritsu-int.com/index2.html>

There is a two-minute video about the program, a full program description and by scrolling down the News page, there is a day-to-day summary of how the program ran last year with pictures.

<http://www.seiritsu-int.com/contents/news/>

If anyone has any questions, please feel free to contact me anytime.

email: r-mosdell@seiritsu.ac.jp

**Richard Mosdell
International Department Manager
Seiritsu High School**



3rd WKF-PKF Women's Referee Course Caracas, Venezuela, May 2008

Norma Foster (6th Dan Wado Ryu) presented the third PKF referee course for women at the Eurobuilding Hotel (PKF-HQ), Caracas, Venezuela on May 25, 2008.

This eight-hour course was the third in a series sponsored by the IOC and WKF, sanctioned by the PKF and this time hosted by the Venezuela Karate Federation.

The course is free of charge to women and girls who are interested in understanding more about the WKF rules of competition and who do not hold any license.

The objective is to lower the barriers to learning about officiating by providing cost-effective, enjoyable courses at the grass-roots level with an emphasis on two-way communication.

The ultimate goal is to increase the number of women officiating at all levels of competition under WKF rules.

The first course was in Santo Domingo, with about 10 participants, the second was in Mexico City with around 50, and this time, 71 women and girls from the four major karate styles participated from Canada, Mexico, Puerto Rico, Cuba, Trinidad and from the Venezuelan provinces of Trujillo, Lara, Anzoátegui, Nueva Esparta, Carabobo, Aragua, y Miranda (Santa Lucia, Charallave, Los Teques).

This was mostly due to the efforts of

Carmela Diaz (WKF and PKF Executive; member, Venezuela Olympic Committee) and Maria Helena Quinones (6th Dan Shito Ryu, WKF Kumite and Kata Judge) from Venezuela.

With the assistance of Maria Helena Quinones, a seasoned international referee and kata judge, Norma divided the group into four subgroups under the guidance and example of four team leaders, Patricia Chavez (Mexico), Patricia Olaves, (Venezuela), Maria Briceno (Venezuela) and Ingrid Gonzales (Venezuela), to study the following subjects:

- defining ippon visually to provide a basis for understanding when to score
- scoring
- reaction timing games and exercises
- choosing the correct decision
- category 2 penalties
- flag and gesture practice and application
- real time kumite refereeing and judging with athletes.

Breakout sessions with team leaders allowed interactive discussions of the rules, and bringing together all groups led to clarification of common misunderstandings.

Kata were demonstrated and scored, and kata judging was discussed from the viewpoint of judging criteria.

The positive atmosphere was

enhanced by many smiles, great communication, sincere action and great spirit from the participants.

The President of the Venezuela Olympic Committee Dr. Eduardo Alvarez Camacho, the Vice President of the VOC, Dr. Elida de Alvarez and the President of the Venezuela Karate Federation, Arturo Castillo observed the seminar and Dr. Alvarez, in particular, gave a highly motivational speech about her involvement in sport judging and the Olympic movement.

We hope that in the future, more experienced female officials from various countries will participate in this effort.

When the accomplishments of leaders and mentors are recognized, valued and appreciated, then they can become excellent role models for others.

I strongly believe that in this type of atmosphere more women will aspire to officiating excellence and one day, the number of female karate officials will truly reflect female participation in this sport.

Three local television stations and the Venezuelan martial arts magazine – "Oss" photographed activities and interviewed Norma and Maria Helena.

An online report on the event, in Spanish, can be found at:

<http://tinyurl.com/6sy82f>

BC Team selection results

Division	1st Place	2nd Place	3rd Place	4th Place
KATA				
Girls 14/15 Advance/Black	Lauren Maguire	Victoria Barasic	Josephine Shiu	Emma Arksey
Girls 16/17 Advance/Black	Ellen Tribe	Lauren Currie		
Junior Women 18-20 Advance/Black	Danielle Goudie	Valentyna Zolotarova	Asuka Nakagawa	
Women 16+ Advance/Black	Hidemi Uchiage	Sumi Uchiage	Valentyna Zolotarova	
Boys 14/15 Advance/Black	Reuben James	Lucas Fung	Derek Smith	Seiya Takeuchi
Boys 16/17 Advance/Black	Neil Smith	Yuki Hisata	Jeric Ross	Brody Holden
Junior Men 18-20 Advance/Black	Kenneth Lee	Neil Smith	Yuki Hisata	
Men 16+ Black Belt	Kenneth Lee	Junya Yamamura	Neil Smith	
KUMITE				
Girls 14/15 -47kg Advance/Black	Cadence O'Neal	Samirah Mohammad	Iris Wong	
Girls 14/15 -54kg Advance/Black	Arianna Brown	Victoria Barusic	Anisha Virk	Lauren Maguire
Girls 14/15 +54kg Advance/Black	Josephine Shiu	Sarah Jenkins	Catalina Kennedy-Bergoyne	Celynne Lamarre-Belanger
Girls 16/17 -48kg Advanced/Black	Jusleen Virk			
Girls 16/17 -53kg Advanced/Black	Aishah Mohammad			
Girls 16/17 -59kg Advanced/Black	Kim Logan	Ellen Tribe		
Girls 16/17 +59kg Advanced/Black	Kendra Clough	Sara Lee	Renee Lalonde	Amy Parker
Junior Women 18-20 Advance/Black -55kg	Danielle Goudie			
Junior Women 18-20 Advance/Black -61kg	Andrea Maikawa			
Junior Women 18-20 Advance/Black -68kg	Cindy Jacob	Cassy Schouten		
Women 18+ Black -50kg	Valentyna Zolotarova			
Women 17+ Black -55kg	Hidemi Uchiage	Sumi Uchiage		
Women 18+ Black -61kg	Andrea Maikawa			
Women 18+ Black Belt Open	Cindy Jacob	Cassy Schouten	Hidemi Uchiage	
Boys 14/15 -52kg Advance/Black	Derek Chan	Derek Smith	Seiya Takeuchi	
Boys 14/15 -57kg Advance/Black	Joseph Tassone	Reuben James		
Boys 14/15 -63kg Advance/Black	Desmen Jaldbert	Coulson Boothe	Jonathan Lum	Dylan Robertson
Boys 14/15 -70kg Advance/Black	Matthew Ly	Daniel Parker	Nicholas Trotzuk	
Boys 14/15 +70kg Advance/Black	Lucas Fung	Dylan Riches	Danny Riches	Jordan Zanotto
Boys 16/17 -61kg Advance/Black	Yuki Hisata	Jeric Ross		
Boys 16/17 -68kg Advance/Black	Neil Smith	Shaun Divecha	Brad London	Ben Archand
Boys 16/17 -76kg Advance/Black	Corey Skender			
Boys 16/17 +76kg Advance/Black	Sohrab Toweghi	Brody Holden		
Junior Men 18-20 Advance/Black -60kg	Alvin Krishna			
Junior Men 18-20 Advance/Black -67kg	Kenneth Lee	Matt Bickel		
Junior Men 18-20 Advance/Black -75kg	Arash Beytoei			
Men Black Belt -60kg	Alvin Krishna	Manjit Gosal		
Men Black Belt -67kg	Jason Farquharson	Matt Bickel		
Men Black Belt -75kg	Arash Beytoei	Hamid Taraghatbin		
Men Black Belt -84kg	Brian Purves			
Men Black Belt +84kg	Shaun Dhillon	Ron Curran		
Mens Black Open	Brian Purves	Manjit Gosal		



From left: John Yap, MLA, Government Caucus Chair; Malcolm Brodie, Mayor of Richmond; Jim Kojima, Former Chief Referee of the International Judo Federation; and Ichiro Muto, Deputy Consul, General Consulate General of Japan. In back is T. Uchiage.

The 35th Steveston International

The 35th Steveston International Invitational tournament was held at the Steveston Indoor Tennis Court.

At the opening ceremony four of our guests gave speeches including John Yap, MLA, Government Caucus Chair, Malcolm Brodie, Mayor of Richmond, Jim Kojima, Former Chief Referee of the International Judo Federation and Ichiro Muto, Deputy Consul – General Consulate – General of Japan, Also Dr. Julius Thiry, the former WKF referee councilor and the chair of PKF referee councilor, Norm Gillies president of National Karate Association, Thomas Burke, past president of

USA National Karate Association.

WKF and PKF officials participated.

After guest's speeches, 8 Steveston members were recognized who were medalists from WKF World Championship and Pan American, and Jr. Pan American Championships from the past 15 years. The Black Belt divisions started soon after the \$500 door prize draw.

The day after the tournament, Sensei Takeshi Uchiage who is the highest Dan of JKF out of Japan did a seminar of Kata Superinpei and also how to Judge Kata. Sensei Kunio Murayama, JKF Shito-Kai 8th Dan did a Nan-

ban Sattoh Ryu seminar.

The Steveston members left for Japan on Mar.13 for training in Japan and an official visit to the Mayor of Wakayama which is the sister-city of Richmond. The sister-city association in Wakayama had set up a welcome party for the Steveston members. They visited Osaka, Toya, Tomakomai, Hiroshima, Kyoto, Tenri and Wakayama. In Tenri we practiced with the WKF Kata and Kumite Champions where Sensei Uchiage was coaching before he came to Canada.

Tournament result will be posted on www.uchiage-kai.com.

Karate Uniforms Designed to Fit



All Sizes of Lightweight and Heavyweight Uniforms and Belts and Martial Arts Equipment

Custom embroidery on silk Black Belts now available

YAMATO MARKETING

Warehouse:.....(604) 879-1612

Retail Fax:.....(604) 879-1636

e-mail: yamato_marketing@yahoo.ca

Battling an invisible foe

By Alistair McInnis
 Prince George Free Press,
 April 18, 2008

Imagine stepping in the ring and having to fight two opponents at once.

It hardly seems fair does it?

Twelve-year-old Jacob Potvin of Mackenzie faces that battle each time he has a karate match.

In one corner is the individual he's competing against. The other challenger isn't as visible, but has its own significant impact.

Jacob lives with cerebral palsy, a form of paralysis affecting control of the voluntary muscles. The disorder is believed to be caused by a prenatal brain defect or injury to the motor control centres of the brain during birth. His mother Karen said she encourages Jacob to get involved with sports that keep his muscles warm.

"And (karate) has changed how he walks because they're stretching their muscles so much he walks a lot better than he used to," she said. "His therapist couldn't believe the difference in him."

Karen notes that Jacob also battles epilepsy, a chronic neurological disorder that causes unprovoked seizures. His struggles with the disorders began as soon as his life began.

"When he was born he wasn't breathing," Karen said. "It took them 10 minutes to get him to breathe so he was basically dead for 10 minutes, and they told us that he would have problems but they didn't know to what extent."

Karen said she discovered Jacob, who was born in Prince George but raised in Mackenzie, had cerebral palsy when he was almost a year and a half. For several years he would travel from Mackenzie to Prince George on a weekly basis for therapy at the Child Development Centre.

Through his personal challenges, Jacob hasn't lost his passion for his favourite sport.

"He absolutely loves karate," Karen said. "Anytime there's any kind of a special training or competition he wants to go."

A karate participant herself, Karen joined her son at the Prince George Open karate tournament last weekend at the Charles Jago Northern Sport Centre. Jacob has also competed in Kelowna, Fraser Lake and the 2007 Northern B.C. Winter Games in Fort St. John.

"They've been good at accepting him, but it's hard because he's competing against kids his age that are able-bodied and so he doesn't always come home with the med-



Jacob Potvin

als, which can be discouraging," Karen said.

"But he still wants to go for the next tournament. He doesn't give up."

Each club's leader, known in karate terms as a Sensei, has accepted Jacob. As Karen describes, they've turned into a big family.

Jacob's dedication to karate has resulted in opportunities he may not have thought imaginable before he joined the sport.

Karate BC has invited him to participate in a world international tournament in Vancouver this August. His most memorable moment in karate to this point occurred a couple years ago at a Fraser Lake competition, where he was presented with a big trophy in front of about 10 leaders for his achievement in the northern zone.

Jacob's father Paul and 10-year-old brother Zachery aren't involved with karate but they've been major supporters. Karen said they watch her and Jacob, who train at the Mackenzie Shotokan Karate Institute, compete all the time.

Jacob, a Grade 7 student at Morfee Elementary School, doesn't let his disabilities limit him to karate. He's also involved with swimming, cross country skiing and golfing. So what aspect of karate puts it above the other sports?

"(I like) all the training and stuff," Jacob said, adding that he practices "like once a day or so."

**Distributor for
 Tokaido Karate Gis**

MIKADO



Phone:
(604) 253-7168

Fax:
(604) 255-6112

Protective Equipment
 Karate Equipment
 Karate Uniforms
 Books

**701 E. Hastings Street,
 Vancouver B.C. V6A 1R3**

BC Winter Games Results

February 21 to 24, 2008 - Kimberley/Cranbrook

Event	Gold	Zone	Silver	Zone	Bronze	Zone	Bronze	Zone
KATA								
Individual Girls	Emma Arksey	Zone 6	Victoria Barusic	Zone 5	Katherine Lam	Zone 4	Yuki Nakahara	Zone 4
Individual Boys	Thien Nguyen	Zone 5	Avneet Matharu	Zone 5	Robert Lew	Zone 5	Paulo Santillan	Zone 5
Girl's Team	Fraser River Delta	Zone 4	Van Island Central Coast	Zone 6	Thompson Okanagan	Zone 2	Fraser Valley	Zone 3
Boy's Team	Van/Squamish	Zone 5	Van Island Central Coast	Zone 6	Fraser River Delta	Zone 4	Fraser Valley	Zone 3
KUMITE								
Girls -44kg	Cadence O'Neal	Zone 4	Jessica Tam	Zone 4	Claire Boothe	Zone 2	Meranda Lloyd	Zone 2
Girls 44-55kg	Victoria Barusic	Zone 5	Emma Arksey	Zone 6	Danielle Kumalae	Zone 2	Allie Stover	Zone 3
Girls 55+kg	Yuki Nakahara	Zone 4	Christina Smith	Zone 6	Katherine Lam	Zone 4	Lisa Bavis	Zone 6
Boys -44kg	Avneet Matharu	Zone 5	Paulo Santillan	Zone 5	Austin Blix	Zone 4	Thien Nguyen	Zone 5
Boys 44-55kg	Derek Chan	Zone 4	Kodi Archbold	Zone 6	Kyell Erickson	Zone 6	Emerson Bayoneta	Zone 3
Boys 55+kg	Sukhresh Kaloty	Zone 2	James Dettling	Zone 4	John Pierce	Zone 2	Matt Ly	Zone 4
Girls Team	Thompson-Okanagan	Zone 2	Fraser River Delta	Zone 4	Vancouver Squamish	Zone 5	Van Island Central Coast	Zone 6
Boys team	Van/Squamish	Zone 5	Van Island Central Coast	Zone 6	Cariboo North East	Zone 8	Thompson Okanagan	Zone 2

See also: The Games Through Young Eyes on page 17.

Karate-kas at the Winter Games



Zone 2



Zone 3



Zone 4



Zone 5



Zone 6



Zone 8

The BC Provincials in photos



VANCOUVER 2008

WORLD WADO KAI KARATE CHAMPIONSHIPS

August 21 – 23, 2008

Hollyburn Country Club

950 Crosscreek Road

West Vancouver, BC

604-444-3462



www.canadajkwadokai.org

SHOWCASE FINALE

JUNIOR INVITATIONAL TOURNAMENT
AUGUST 21/08

WKF Rules. All Styles Kata (8–16 years)
and Kumite (8–20 years).
Unlimited Competitors from All Styles. All Belt Levels.
Wadokai membership not required.

MASTERS CLINICS WKF REFEREE SEMINARS

WADOKAI WORLD CHAMPIONSHIPS
AUGUST 22, 23/08

WKF Rules. Adult Kata (16 years+) Wadokai Kata only.
All Styles Adult Kumite (18 years+).
Wadokai membership available.
Male & Female Individual & Team Competition.



WORLD WADO KAI KARATE CHAMPIONSHIPS

August 21 - 23 2008

Hollyburn Country Club 950 Crosscreek Road West Vancouver B.C. V7S 2S5

Tel: 604 444 3462 czwka@yahoo.ca www.canadajkwadokai.org

Seminars

Wado Ryu Technical Seminar \$50 CAD

WKF Referee Seminar by Javier Mantilla 6th Dan WKF Referee Council Member \$100 CAD

Social Events

Kickoff Party No Charge Farewell Party \$40 CAD

Spectators

Elimination Rounds (Aug 21 & 22) \$10 CAD

All those under the age of 14 years old have free entry

Finals (Aug 23) \$20 CAD

Calendar

Monday 18 August	Registration, Accreditation, Kick off reception
Tuesday 19 August	Wado Ryu and Shindo Yoshin Ryu seminars.
Wednesday 20 August	Referee seminar and International Congress
Thursday 21 August	International Junior Championships
Friday 22 August	World Wado Kai Championships (Eliminations)
Saturday 23 August	World Wado Kai Championships (Finals) Demonstrations & Farewell party
Sunday 24 August	Wado Ryu Examinations

*Featuring WKF Kata and Kumite Internationalists from
Canada, Serbia, Turkey, Japan, Russia, Iran & Azerbaijan!*

Jr. Invitational Tournament Aug 21 2008

WKF Rules All Styles Kata 8-16yrs Kumite 8-20yrs
Unlimited Competitors from All Styles All Belt Levels
Wadokai membership not required

Wado Kai World Championships Aug 22/23 2008

WKF Rules Adult Kata 16yrs+ Wado Kai Kata only
All Styles Adult Kumite 18yrs+ WadoKai membership
available. Male & Female Team Competition

Position: **Executive Director, Karate BC**

Application Deadline: 5:00 p.m., September 30, 2008

Karate BC is a dynamic, growing non-profit society that was established as a provincial sport-governing body for British Columbia in 1974.

An Executive Director and Administrative Assistant, under the guidance of a volunteer provincial Board of Directors manage our organization, which has about 5,000 members.

The Executive Director of this successful, goal-oriented organization is responsible to the Board of Directors for the organization's overall strategic direction and operational management, government and public relations, marketing and fund-raising initiatives, budget planning and financial reporting, as well as the management of day-to-day operations of the organization.

We are looking for a person with strong marketing and fund-raising abilities. Our ideal candidate would possess a combination of the following attributes and experience: a degree or diploma in sport administration or related field; demonstrated ability in program development and delivery; project and event management; strategic planning preparation and implementation of operational plans; risk management, and sports marketing as well as the ability to develop and manage budgets and prepare and present financial reports.

Organizational ability, oral and written communications skills, diplomacy, leadership ability and computer literacy are mandatory.

Preferred are sport experience, preferably but not necessarily in Karate; knowledge of provincial, national and international sports systems; fundraising experience; and government relations experience.

The position will be vacant as of January 1, 2009 and Karate BC intends to fill the vacancy as soon as possible.

The position is located in Richmond, B.C. Base salary is between \$45,000 and \$50,000 per year plus benefits and variable compensation based on incentives.

Please send your resume in confidence to:

Charles La Vertu,
#225 - 3820 Cessna Drive
Richmond, B.C., V7B 0A2

250-384-9902
clavertu@shaw.ca



High Performance Training with Canadian Senior Team Coach

In an effort to further integrate our provincial high performance program with that of the Canadian National Team, Coach Manuel Monzon was invited to run a weekend clinic for all members of the provincial squad.

Coach Monzon was a bronze medalist at the WKF Championships in 1986 and has been instrumental in Canada's building success at the Pan-American and World level. His understanding and development of both the technical and tactical aspects of competitive Karate assisted Canada to earn 11th place overall at the 2006 World Championships. Canadian athletes won 2 medals with an additional 4 athletes placing in the top 10.

More recently, the Canadian Team won the overall point standings at the North American Cup in Toronto. This prestigious event brings together the top two fighters from Canada, USA and Mexico to compete in a round robin kumite tournament. Every second year this competition is used as a qualifier for the Pan-American Games.

The B.C clinic focussed on the development of both the athlete and the coach with specific sessions dedicated to each. Coaches at the zone and dojo level were invited to attend the sessions in addition to the athletes. Coach Monzon demonstrated many novel training methods in the areas of mental and physical training that were a valuable addition to any training repertoire.



Manufacturer and supplier of first class martial arts equipment worldwide

Arawaza®

EQUIPMENT

KARATE / JUDO / JU-JITSU / AIKIDO / KENDO / WEAPONS / VIDEOS / DVD
CD / BOOKS / EMBROIDERY / TATAMIS / CRESTS / POSTERS
and much more...

NEW!!!

**Complete range
WKF approved:**



Uniforms, Fist Gear, Shin Guards, Chest Guards
Groin Protectors, Body Protectors, Forearm Protectors

- Club wholesale accounts
- No set-up fee or minimum order required
- Shipping within 24 hours
- Low cost shipping
- Personalized service
- Unbeatable quality and prices
- Large inventory



Jacques Tapoi
Former World Champion,
French Karate Team

Toll free:
1 800 563-6785

Toll Free: 1 800 563-6785
Tel: 1 450 477-4410
Fax: 1 450 477-4400
Web site: www.arawaza.com
E-mail: info@arawaza.com



APPROVED 

Arawaza®

www.arawaza.com

Winter Games through young eyes

Hi Everyone; here is the Zone 4 Karate report from the Kimberley-Cranbrook 2008 BC Winter Games.

Coach Hidemi and I are extremely proud of a team that came together and performed amazingly well in a very short time. Personally it was an honour to work with students with such positive attitudes and focused work ethics. The quality was simply outstanding.

Whether the athlete was a high performance competitor or they were a first timer, I believe the Games have helped foster a spirit and memories that will last these kids a lifetime. I sincerely believe that their experience will stand them in good stead for the future of their Karate in whichever path they decide is right for them.

**Coach Peter Stoddart
& Coach Hidemi Uchaga.**

Zachary Chan, age 12

Team kata bronze

Awesome getting here! I want to win at least one match ... This is so fun – I feel like an Olympic athlete! ... The BCWG was fun and exciting. In kata I learned how much fun it can be and kumite I learned about the opponents. I might do more kumite in the future. The coaches were nice and encouraging and if it weren't for them I wouldn't have gotten any medals.

Derek Chan, age 12

Individual kumite gold

So far the trip has been really fun ... I hope I will make the finals in kumite and I have had fun perfecting my kata. In training, I practiced my kata a few times and did kumite drills and I really liked the inspirational speeches! ...

Katherine Lam, age 13

Team kumite silver, Team kata gold, individual kumite gold, individual kata bronze

It took a really really long time to get here but I think I'll do ok at the tournament. Interacting with new people is fun. In kata I need to get used to the mats and in kumite I want to get loose and work on my reactions.

My experience was great! People were nice and we helped each other. In kata it was good and I got lucky. In kumite it was really emotional but luck helped again! The coaches helped us a lot in our competition.

Maya Dettling, age 12

It was a long trip but quite good, I need to practice over and over to get better though. I liked the Olympic mascots.

The training is going good; I like the

lunches and the funny pictures that the kids made for us. Zone 4 is going to do well. Great experience! I think I did ok, and everyone was nice.

Victor So, age 12

Zone 4 Spirit Award – Gold

... My kata practice was awesome but my kumite was only ok. In practice I'll stretch, practice drills and collect myself. ... I thought it was very fun, I thought I did pretty good in kata but worse in kumite. The coaches were really cool and good. I really enjoyed this!

Bobby Martin, age 12

Team kata bronze

...I liked walking in to the opening ceremonies on the coaches shoulders and seeing the mascots ... I thought I did well in individual kata but the first kata I did in the team I messed up but the second one was good. In sparring I fought stupidly and did something which made me lose but the coaches were nice to me.

The experience was great, this is my first time doing kata in competition and I did good. I also did good in kumite. The coaches were nice and fun to train with and I had a blast here.

Jessica Tam, age 13

Individual Kumite Silver, Team Kata Gold, Team Kumite silver

I've been listening to tips and concerns from Hidemi and Peter and I have positive thoughts ... at least in kata ... liked getting to know other zone 4 members and seeing the Olympic mascots ... The kids from other zones were great, zone 6 was super friendly....

Katherine Lam –age 12

Team Kumite Silver, Team Kata Gold, Individual Kumite bronze, Individual Kata bronze

... The BCWG were ... how do I put this.. EPIC and AMAZING. I found new sides to myself and it was a great surprise. Kata was super fun, now I know who my competition is and what I can improve on ... I am so pleased with my accomplishments. Peter and Hidemi are Wow! I learned so many new competition techniques from Peter, and Hidemi taught me how to 'work it' in kata!!!

Cadence O'Neill, age 13

Individual Kumite gold, Team kumite gold

... My experience in the BCWG 08 was great. I gained a lot of experience and learned a lot about tournament preparation. I am really proud

of my individual kumite and my team kumite performance was awesome! The coaches were really great and I like their style.

Yuki Nakahara, age 13

Team Kumite Silver, Team Kata Gold, Individual Kumite Gold, Individual Kata Bronze

... It was really enjoyable. All the coaches, volunteers, competitors were really great. I learned a lot of new things and have so many new memories.

In kata, I think my breathing got a LOT better and it really helped my tempo which really helped out my kumite too! Thanks, Hidemi and Peter!

James Dettling, age 14

Individual Kumite silver

The BCWG have been an awesome experience for me. I feel that my last kata wasn't as good as I stumbled though the last moves. I feel my kumite was the best part of the games and the coaches were really helpful.

Matt Ly, age 13

Individual kumite bronze

... The BCWG was an awesome experience. I met some cool people and had lots of fun. I can't believe the coaches allowed me to do kata but it was a good experience. Kumite-wise I learned a lot about myself and my ability. The coaches rocked, too!

Austin Blix, age 12

Individual Kumite bronze

I like watching other people's moves. I really liked line training and timing. I loved the Olympic mascots... The experience I thought was great because it's only a once-in-a-lifetime chance! It felt great competing except for my bloody nose..but it happens. The whole thing was great, everyone was nice and it was just awesome.

Petar Didak, age 12

Team kata bronze

... The opening ceremony was great and exciting, and the food is nice too. The accommodation was good and the questions and posters on the wall are nice and so are the volunteers. I like zone karate and the ringette girls are really really nice to us.

The competition experience was great – my first time doing kata in completion and I did good. I also did good in kumite. The coaches were nice and fun to train with and I had a blast here!

Fraser Lake Open Karate Tournament

May 17, 2008

FEMALE KATA

G2 (9 & under – NOVICE GIRLS)		
1 st – Gold	Jessie Pawlovich	Fraser Lake
2 nd – Silver	Lyndsay Silvestre	Kitimat
3 rd – Bronze	Kyndra Farrell	Fraser Lake
G5 (10,11 yrs – NOVICE GIRLS)		
1 st – Gold	Janay Ma	Kitimat
2 nd – Silver	Ella Scott	Fraser Lake
G6 (10,11 yrs – INTERMEDIATE GIRLS)		
1 st – Gold	Cassidy Carter	Fraser Lake
2 nd – Silver	Ashley McMaster	Fraser Lake
G9/G12 combined (12-14yrs – INTERM. GIRLS)		
1 st – Gold	Kaitlin Moore	Mackenzie
2 nd – Silver	Brooke Palfenier	Fraser Lake
3 rd – Bronze	Amanda Farrell	Fraser Lake
4 th – Bronze	Nicole Cannon	Fraser Lake
W3 (Adult – ADVANCED WOMEN)		
1 st – Gold	Dana Nickolichuk	Fraser Lake
MW1 (Adult Masters – INTERMEDIATE WOMEN)		
1 st – Gold	Laura McMaster	Fraser Lake
2 nd – Silver	Lisa McCallum	PG Chito
3 rd – Bronze	Karen Potvin	Mackenzie

MALE KATA

B2 (9 & under – NOVICE BOYS)		
1 st – Gold	Justin Hickman	Kitimat
B3 (9 & under – INTERMEDIATE BOYS)		
1 st – Gold	Braden Bodgener	PG Fist & Dove
2 nd – Silver	Justin Hickman	Kitimat
3 rd – Bronze	Jeremy Martin	PG Fist & Dove
B5 (10,11 yrs – NOVICE BOYS)		
1 st – Gold	Brandon Mackowe	Mackenzie
2 nd – Silver	Parker Jeffrey	Kitimat
3 rd – Bronze	Derek Hickman	Kitimat
B9 (12,13 yrs – INTERMEDIATE BOYS)		
1 st – Gold	Wade Nicoll	Fort St John
2 nd – Silver	Tyler Laroche	Mackenzie
3 rd – Bronze	Seth Aitchison	Fraser Lake
4 th – Bronze	Brent Johnson	PG Fist & Dove
B11 (14,15 – NOVICE BOYS)		
1 st – Gold	Seth Aitchison	Fraser Lake
M3 (Adult – BLACK BELT MIXED)		
1 st – Gold	Dana Nickolichuk	Fraser Lake
2 nd – Silver	Kyle Cannon	Fraser Lake
3 rd – Bronze	Andy Nguyen	Prince Rupert
4 th – Bronze	Peter Ryks	Fraser Lake
MM1 (Adult Masters – INTERMEDIATE MEN)		
1 st – Gold	Sean McCallum	PG Chito
2 nd – Silver	Ian Henderson	PG Chito
3 rd – Bronze	Dale Peck	Fraser Lake
4 th – Bronze	Long Nguyen	Prince Rupert
WK1 – (Weapons Kata – NOV/ADV MALE)		
1 st – Gold	Wade Nicoll	Fort St John
2 nd – Silver	Jeremy Martin	PG Fist & Dove

FEMALE KUMITE

G18 (9 & under – NOVICE GIRLS)		
1 st – Gold	Andra Scott	Fraser Lake
2 nd – Silver	Kyndra Farrell	Fraser Lake
3 rd – Bronze	Jessi Pawlovich	Fraser Lake
4 th – Bronze	Tamara Lowen	Fraser Lake
G21 (10,11 yrs – NOVICE GIRLS)		
1 st – Gold	Janay Ma	Kitimat
2 nd – Silver	Courtney Cannon	Fraser Lake
3 rd – Bronze	Ella Scott	Fraser Lake
G22 (10,11 yrs – INTERMEDIATE GIRLS)		
1 st – Gold	Cassidy Carter	Fraser Lake
2 nd – Silver	Ashley McMaster	Fraser Lake
G25 (12,13 yrs – INTERMEDIATE GIRLS)		
1 st – Gold	Katherine Krenbiel	PG Fist & Dove
2 nd – Silver	Nicole Cannon	Fraser Lake
3 rd – Bronze	Brooke Palfenier	Fraser Lake
4 th – Bronze	Amanda Farrell	Fraser Lake
G34 (16,17 yrs – ADVANCED GIRLS)		
1 st – Gold	Jessica Antoine	Fraser Lake
MW3 (Adult Masters – INTERMEDIATE WOMEN)		
1 st – Gold	Laura McMaster	Fraser Lake
2 nd – Silver	Tena Johnson	PG Fist & Dove

MALE KUMITE

B19 (9 & under – INTERMEDIATE BOYS)		
1 st – Gold	Jeremy Martin	PG Fist & Dove
2 nd – Silver	Braden Bodgener	PG Fist & Dove
3 rd – Bronze	Gavin Lowen	Fraser Lake
B21 (10,11 yrs – NOVICE BOYS)		
1 st – Gold	Parker Jeffrey	Kitimat
2 nd – Silver	Derek Hickman	Kitimat
3 rd – Bronze	Brandon Mackowe	Mackenzie
B22 (10,11 yrs – NOVICE BOYS)		
1 st – Gold	Tyler Laroche	Mackenzie
2 nd – Silver	Jacob Potvin	Mackenzie
B25 (12,13 yrs – INTERMEDIATE BOYS)		
1 st – Gold	Brent Johnson	PG Fist & Dove
2 nd – Silver	Dallas Moore	Fort St John
3 rd – Bronze	Wade Nicol	Fort St John
B27 (14,15 yrs – NOVICE BOYS)		
1 st – Gold	Seth Aitchison	Fraser Lake
M6 (Adult – INTERMEDIATE MEN)		
1 st – Gold	Andy Nguyen	Prince Rupert
2 nd – Silver	Ian Henderson	PG Chito
M7 (Adult – BLACK BELT MEN)		
1 st – Gold	Kyle Cannon	Fraser Lake
2 nd – Silver	Conrad Blomquist	Fraser Lake
3 rd – Bronze	Long Nguyen	Prince Rupert
MM3 (Adult Masters – INTERMEDIATE MEN)		
1 st – Gold	Dale Peck	Fraser Lake
2 nd – Silver	Sean MacCallum	PG Chito

RESULTS BREAKDOWN

	KARATE STYLE	TOTAL ATHLETES	TOTAL MEDALS	GOLD	SILVER	BRONZE
Fort St. John	Shotokan	2	4	2	1	1
Fraser Lake	Shotokan	20	34	13	9	12
Kitimat Renshikan	Shito Ryu	8	9	4	4	1
Mackenzie	Shotokan	5	7	3	2	2
Prince George Chito	Chito Ryu	3	4	1	3	0
Prince George Fist & Dove	Wado Ryu	5	9	4	3	2
Prince Rupert Renshikan	Shito Ryu	2	4	1	0	3
		45	71	28	22	21

NCCP Course Schedule

Competition - Introduction Part A (replaces Level 1 Theory)

Modules Included - Make Ethical Decisions, Planning a Practice and Nutrition

Jul 26, 27, 2008	Vancouver	Langara College	(604) 323-5322
Sep 19, 20, 2008	New Westminister	Douglas College	(604) 527-5472
Sep 27, 28, 2008	Nanaimo	PacificSport - Vancouver Island	(250) 740-6572
Sep 27, 28, 2008	Kamloops	PacificSport - Interior	(250) 828-3500
Oct 3, 4, 2008	Prince George	PacificSport - Northern BC	(250) 960-5346
Oct 4, 5, 2008	Surrey	Tong Louie YMCA	(604) 575-9622
Oct 17, 18, 2008	New Westminister	Douglas College	(604) 527-5472
Nov 21, 22, 2008	New Westminister	Douglas College	(604) 527-5472
Nov 22, 23, 2008	Victoria Camosun College-Interurban (Course #: 2008F SPRT 100V 001)		(250) 370-3550

Competition - Introduction Part B (replaces Level 2 Theory)

Modules Included - Design a Basic Sport Program, Teaching and Learning and Basic Mental Skills

Aug 9, 10, 2008	Vancouver	Langara College	(604) 323-5322
Sep 19, 20, 2008	New Westminister	Douglas College	(604) 527-5472
Oct 17, 18, 2008	New Westminister	Douglas College	(604) 527-5472
Oct 18, 19, 2008	Surrey	Tong Louie YMCA	(604) 575-9622
Oct 25, 26, 2008	Nanaimo	PacificSport - Vancouver Island	(250) 740-6572
Nov 14, 15, 2008	Prince George	PacificSport - Northern BC	(250) 960-5346
Nov 21, 22, 2008	New Westminister	Douglas College	(604) 527-5472
Dec 6, 7, 2008	Victoria Camosun College-Interurban (Course #: 2008F SPRT 101V 001)		(250) 370-3550

Theory Level 3

Aug 16, 17 & 23, 24, 2008	Victoria	National Coaching Institute	(250) 721-7589
Nov 8, 9 & 29, 30, 2008	Vancouver-UBC	Western Leisure Consultants	(604) 731-7066

CUSTOM MADE KARATE BELT

High Quality Satin material
English, Kanji or Katakana
1-3/4" wide



PUNCHLINE EMBROIDERY CENTER



each belt made to order

 MADE IN CANADA

cdn \$100.00

All taxes and freight charges are extra
price is subject to be changed with notice

➔ Promise to deliver in 4 weeks
from B.C. Canada

www.PunchlineEmbroidery.com

Unit 1610 - 4311 Hazelbridge Way, Richmond, BC, V6X 3L7 e-mail: embroidery@telus.net

Tel / fax: 604-303-0309

The KARATE BC NEWSLETTER is printed and published
by Infigo Imaging, 150-3820 Cessna Drive,
Richmond, B.C. V7B 0A2
CANADIAN PUBLICATIONS MAIL
SALES AGREEMENT #40063490

Canada Post: Please return undeliverable pieces to: #225-3820 Cessna Drive, Richmond, BC V7B 0A2

Calendar of Events

July 3 - 5	National Black Belt Karate Championships	St. Johns, New Brunswick	
Aug 14 - 18	West Coast Gojukai North America Seminar	Simon Fraser University, Burnaby & West Coast Dojo, Coquitlam	Donna Gardecki @ 604-218-4324
Aug 21 - 23	2008 World Wado Kai Karate Championships	Hollyburn Country Club, 950 Crosscreek Road, West Vancouver, BC	WWC Administrator @ 604-444-3462
Nov 8	Victoria International Karate Tournament	Central Middle School, 1280 Fort Street, Victoria, BC	Peter Danniels @ 250-388-9241
Nov 13 - 16	World Karate Federation Senior Championships	Tokyo, Japan	
Nov 22	2008 Karate BC Open Championships	Duncan, BC	James Johnson @ 604-333-3610
2009			
Aug 5 - 6	2009 World Police and Fire Games Karate Competition	Burnaby, BC	James Johnson @ 604-333-3610

Please note our correct address

Karate BC
#225 - 3820 Cessna Drive
Richmond, BC
V7B 0A2
Telephone: 604-333-3610
Fax: 604-333-3612

