

KARATE BC NEWS



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www.karatebc.org

41 young athletes named to 2006 Karate BC Provincial Team

Submitted by the High Performance Committee

Karate BC has prepared 41 athletes to participate at the National Karate Association National Championships on July 13-15 in St. Johns Newfoundland.

The BC Team was formed after the Provincial Championship, giving two and a half months for the team to prepare for the Nationals as opposed to the eight months used in previous years.

It is difficult to determine how the zone system will affect B.C.'s performance at the Nationals. However, after placing at the Provincials, many athletes seem excited to prepare for the Nationals in a short amount of time.



Members of the 2006 Karate BC Team pose for their official group photo.

The BC Team this year averages 17 years of age. A young team you might say, but a team filled with committed athletes from all over the province.

The coaching staff is pleased with the athletes' effort, eagerness to learn and willingness to achieve higher standards.

This year's team trainings were about offering more experience to athletes by introducing mini-tournaments and training sessions based on Decision Training and Strategies for Competition. Go BC!

See team roster on page 2



A brave fight against cancer

Brendan Whieldon is interviewed by CTV, part of an exciting weekend for the young Langley boy who is fighting cancer, in part through karate.

SEE ARTICLE, PAGES 4 & 5

President's message

We're off & running

I am impressed with the speed and efficiency our new executive demonstrated in dealing with several difficult items. Two new sub committees have been established. One to advise on staff job descriptions and a second to interview applicants for the discipline committee and also those interested in being harassment advisors.

Policy has been established to insure that our meetings are kept on task. We have published our own Rules of Order which are available to members who would like to run their own meetings more efficiently. We are also revising policies dealing with criminal record checks. The harassment policy has been revised in accordance with advice

received from Sport BC. Our athlete development programme is on track. This programme is monitored closely by the High Performance Committee.

Now that we have experienced the first year of the Zone System it is apparent that our bylaws need to be revised to reflect this new reality. Within Karate BC there are a number of members more than capable in the area of bylaw revision. Their help will be essential if this task is to be completed with the urgency it demands.

Lastly, I want to wish our team good fortune as they head to the Nationals this month.

Respectfully,
Cal Moore

2006 Team BC members

Name	Zone	Dojo
Michelle Taneda	2	Taneda Dojo
Danielle Goudie	2	Rodney Hobson Karate
Jusleen Virk	3	Crescent Beach
Kendra Clough	3	Crescent Beach
Cameron Clough	3	Crescent Beach
Cindy Jacob	3	Coquitlam Shotokan
Shaun Dhillon	3	Mission Isshin Ryu
Lisa Hogan	3	Valley Shidokan - Chilliwack
Kimberly Logan	4	Burnaby Karate Academy
Andrea Maikawa	4	Burnaby Karate Academy
Joey Furugori	4	Burnaby Karate Academy
Cody Martin	4	Burnaby Karate Academy
Matt Bickel	4	Burnaby Karate Academy
Alvin Krishna	4	Burnaby Chito Ryu
Dustin Ellsworth	4	Burnaby Heights Chito Ryu
Sumi Uchiage	4	Steveston Karate Club
Hidemi Uchiage	4	Steveston Karate Club
Toshi Uchiage	4	Steveston Karate Club
Nancy Sham	4	Steveston Karate Club
Breanna James	5	Kimeru Shotokan
Valentyna Zolotarova	5	Kimeru Shotokan
Yuki Hisata	5	Kimeru Shotokan
Kathryn Wong	5	Winning Edge North Vancouver
Sara Lee	5	Winning Edge North Vancouver
Arash Beytoi	5	Winning Edge North Vancouver
Amanda Yates	6	Campbell River Shito Ryu
Cody Johnston	6	Campbell River Shito Ryu
Alex Brocklebank	6	Campbell River Shito Ryu
Brody Holden	6	Campbell River Shito Ryu
Jeric Ross	6	Campbell River Wado Karate
Melissa Litchfield	6	Courtney Shito Ryu
Neil Smith	6	Courtney Shito Ryu
Kyle Nelson	6	Courtney Shito Ryu
William McLaren	6	Courtney Shito Ryu
Kalan Anglos	6	Courtney Shito Ryu
Cassy Schouten	6	Fernando Correia School
Shad Potts	8	Fort St. James
Jason Farquharson	8	Fort St. John
Megan Monkman	8	Mackenzie Shotokan Karate Institute
Danielle Hornet	8	Mackenzie Shotokan Karate Institute
Michael Houg	8	Prince George Chito Ryu



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Awards for Uchiage, Zolotarova

Premier Gordon Campbell honoured 82 of B.C.'s top female and male athletes from 43 sport disciplines at the 2005 Premier's Athletic Awards on March 20.

Included among those honoured were karate's Toshihide Uchiage and Valentyna Zolotarova.

"With the excitement of Canada's outstanding performance in Torino still fresh in our minds and hearts, and the 2010 Olympic and Paralympic Winter Games just around the corner, now is an exciting time to be a rising athlete in B.C.," said Campbell. "I congratulate all the athletes being honoured today for their hard work, exceptional talent and commitment to excellence."

The annual Premier's Athletic Awards recognize top female and male athletes participating in the B.C. Athlete Assistance Program. The B.C. Athlete Assistance Program provides \$700,000 in financial support



Valentyna Zolotarova accepts her B.C. Premier's Award from Premier Gordon Campbell during ceremonies earlier this year.

to about 1,500 B.C. athletes through grants ranging from \$500 to \$3,500.

The program helps athletes reach

their athletic goals while pursuing their educational and career goals. The funding supports training and competitive activities of athletes with the potential and commitment to represent B.C. and Canada in athletic competition at the Canada Games, Olympics/Paralympics, Pan American and/or Commonwealth Games.

This year's award recipients were recognized for their outstanding athletic performances over the course of 2004/05.

Past recipients of the Premier's awards include Marnie Abbott and Olympians Daniel Igali, Dianne Cummins, Kelly Law and Ross MacDonald.

A commemorative plaque with each athlete's photograph and list of achievements will be displayed at the B.C. Sports Hall of Fame and Museum in B.C. Place Stadium for one year.



Mikes Scales (left) and David Akutagawa

Sport BC President's Award for Akutagawa

The Sport BC Presidents' Award for Karate BC has been presented to David Akutagawa.

An inspiration to the members of Karate BC for over 30 years, David has been a leader in the growth of the sport in British Columbia. One of the first to obtain international referee credentials, he has served on the technical and officials committees at national and provincial levels.

The award was presented by Karate BC Vice-President, Mike Scales.

The Sport BC President's Awards are presented annually to honour those whose dedication makes sport better.

2006 Bobbie Steen Award to Norma Foster

The 2006 Recipient of the Development Award is Norma Foster.

Norma has studied Karate for over thirty years and holds the exceptional rank of 6th degree black belt. She is the only female member of the Referee Council of the World Karate Federation for which she also chairs the Gender Equity Committee.

Norma has developed a Karate Officiating seminar for women and girls in Northern BC with the ultimate objective of increasing the number of female Karate officials province-wide.

The recipients received their awards at the Sport BC President's Awards ceremony on March 8.

On behalf of the BC Games Society, BC Parks & Recreation Association (BCPRA), Sport BC, the Province of British Columbia, the Bobbie Steen Lega-



Norma Foster

cy Foundation and ProMO-TION Plus, organizers of the annual award would like to congratulate the winners and thank the nominators and nominees for their involvement.

**See page 8
for President's
Award winners**

Brendan Whieldon was so proud of the trophy he won, he slept with it after his exhausting, triumphant weekend.

Awards: Karate champ beats cancer odds

An eight-year-old cancer sufferer defied his disease, and was awarded a gold medal for karate after undergoing his fourth round of chemotherapy.

by Angela Wiebe
Langley Times

Being a tough young man, Brendan Whieldon would not have anything stand in his way of performing at last weekend's B.C. Provincial Karate Championships in Coquitlam.

So, despite having endured four 50-hour rounds of chemotherapy treatments since Christmas, Brendan stood proudly beside the 13 other boys in his junior boys eight and nine year old category on Sunday.

"He did incredibly well," said Brendan's mom, Shannon.

Brendan, who has suffered from a form of cancer called Neuroblastoma for almost four years, has been studying karate at Valley Shidokan in Chilliwack for the last year.

Brendan practiced his karate every day leading up to the Provincial Championships, even while spending 10-hour days receiving chemotherapy treatments in hospital.

While his chemotherapy treatments were very draining, Brendan made sure to practice his karate every single day, whether in the hospital or not, leading up to the tournament.

"He just blew through this last round of chemo," Shannon said. While most patients suffer from



severe nausea and fatigue following chemotherapy treatments, Brendan finished his homework assignments, practiced karate, and even attended his regular karate classes three days a week.

"He just did it. He just bucked up and did it," she said.

Eight-year-old Brendan has endured a lot in his short life, including 12 blood and 12 platelet transfusions, 22 rounds of IV chemotherapy treatments, 45 radiation treatments, and a stem cell transplant. But, Shannon considers themselves lucky compared to other patients.

"We're very lucky to have done so little treatment and so few tests," she said, adding that Sunday, April 2 marked the third anniversary of bringing Brendan home from his last transfusion.

Brendan's relapse shortly into the New Year came as a surprise, however, as he had been steadily improving in the previous couple of months.

"One day, he just couldn't wake up, couldn't walk," Shannon said.

Naturally, the Whieldons were upset, but Brendan was determined to push through it.

Brendan kept his excitement level up and ate well throughout his four rounds of chemo, Shannon said.

And while he was not able to compete in his top form at Sunday's competition, Brendan still managed to place fifth out of 14 boys, after having undergone chemo just a couple of weeks beforehand.

Brendan Whieldon was interviewed by CTV after receiving an honorary gold medal in kata.

But, despite placing fifth, Brendan was still able to go home with a medal Sunday as he was awarded with a gold cup for demonstrating the true spirit of karate-do.

"He represents exactly what karate is about," Shannon said. "People were almost all in tears."

Brendan would have liked to place higher, but was thrilled to represent the true spirit of the sport, he said.

Defying the odds seems to be natural for Brendan as he has successfully beaten cancer relapses numerous times, and just last Christmas exceeded his goal of selling 500 fundraising calendars by 100.

Next year, he plans to sell 750 calendars, which helps raise money for kids with cancer at B.C. Children's Hospital.

Shannon, who has always been Brendan's cheerleader, also joined

Continued on next page

Awards: Karate champ beats cancer odds

Continued

in on the weekend karate championships, and went home with two gold cups of her own.

"I try to lead by example," she said. "When I started doing karate, that's when Brendan started doing exceptionally well. He has that competitive spirit and didn't want his mom doing better than him."

Pleased with her achievements, Shannon celebrated by donating her 36th unit of blood on her way home from the tournament on Saturday.

"That's what I was quite proud of," she said.

With their first karate championships successfully under their belts,



Brendan Whieldon proudly shows off his Gold Cup.

the Whieldons are off to more adventures and challenges in the coming months.

Brendan will enter his fifth round of chemotherapy on April 24 and will be working towards achieving his green belt, the next level after his current orange belt, hopefully by May.

Shannon hopes Brendan will be done with IV chemotherapy by summer and be on oral treatments instead so he can enjoy his summer, going to camp with other oncology patients, to Chicago for the annual Neuroblastoma conference, and spending weekends in the great outdoors with his dad.

Neither mom nor son plan to let cancer get in the way of living their lives.

"You have to pull yourself up and move forward," Shannon said.

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Group of attendees.



Person on left is David Tsuruoka, son of Masami, a member of the NKA Hall of Fame and four-time national kata champion.



A very special seminar

Masami Tsuruoka, father of Canadian Karate, held a seminar in Kelowna on April 28, 29 and 30, in conjunction with the 30th Anniversary of the Kelowna Tsuruoka Karate Club, much to the delight of club members and visitors. He is pictured here with Norma Foster and Elizabeth Wijnstra.

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No karate at 2012 Olympic Games

There will be no karate at the 2012 Olympic Games, following a vote by the International Olympic Committee.

Karate, along with squash, topped the list of sports being considered for inclusion, but ultimately did not receive enough support. Other sports being considered were rugby, golf and roller sports. None will be added.

At a meeting in Singapore, IOC members voted on each of the 28 sports from the Athens 2004 Games to decide whether they should be staged at the Games in London in 2012. There was hope karate would be added after the IOC members declined to approve two of the sports from Athens: baseball and softball.

The elimination of baseball and softball allowed the IOC members to vote on the inclusion of two new sports for the 2012 Games. Five non-Olympic sports – roller sports, squash, golf, karate and rugby sevens – had been studied by the Olympic Programme Commission as part of its two-year analysis.

From these five non-Olympic sports, the IOC members selected karate and squash as the two sports which could potentially be chosen to join the Olympic programme for London 2012.

For such a selection to be endorsed, however, a two-thirds majority is needed. Ultimately, neither squash nor karate obtained this two thirds majority and will therefore not be included for London 2012.

Karate and squash were selected from the list of five potential sports after seven rounds of voting.

But in both cases, there were twice as many votes against squash and karate as there were for including the two sports.

WKF Grand Master visits

The BC Karate Golden League was pleased to have Sensei Antonio Oliva Seba visit Vancouver to conduct a seminar on June 16, 17 and 18.

Sensei Oliva is an 8th Dan karate-ka who has attended every World and European Championship since the inception of WUKO/WKF. Sensei Oliva is a five-time Spanish National Champion, and is widely regarded as the architect of the highly successful Spanish National Karate Program.

Since his retirement from active coaching, Sensei Oliva has actively consulted with more than 25 national karate programs throughout the world. Of special note, he is currently an advisor to the Karate Quebec Program and visits Quebec twice a year.

Sensei Oliva is also highly noted for his research in the field of sport karate and fighting strategies and tactics, and is the author of the highly-respected sport karate strategy book Supreme Combat.



Mike Scales and Cindy Jacobs win gold at 2006 Sato Cup.



Hidemi Uchiage is holding the Johnson Cup. This trophy was won by James Johnson at the very first Provincial tournament in 1974 and donated by him to Karate BC. It is awarded to the Female Grand Champion at the Provincial Championships every year and is a perpetual award, kept by the recipient for one year.

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President's Awards

- Keith Whittle**
Steveston Karate Club
- Robert Lashin**
Downtown Shotokan Karate Club
- Caroline Tay**
Kimeru Shotokan Karate
- Glenn Whittemore**
Rodney Hobson School of Karate
- Robert Levin**
Kelowna Tsuruoka Karate Club
- Carol Rutherford**
Campbell River Wado Karate Club
- Sorin Lemnariu**
North Vancouver Shidokan



Glenn Whittemore with Cal Moore



Robert Lashin



Sorin Lemnariu



Caroline Tay



Robert Levin



**Julie Belanger: Dojo Volunteer of the Year
North Vancouver Shidokan**



Michele Pierce: KBC Volunteer of the Year



Barb Whittle accepts award for Nancy Sham



Keith Whittle accepts award for Toshi Uchiage



Charles and Kate La Vertu. Charles is secretary of Karate BC



KBC Vice-President Mike Scales and his wife Elizabeth

Karate at the BC Winter Games

Chris Taneda
 Zone 2, Coordinator and Coach

For karate at the BC Winter Games this year zone 1 was combined with, and represented by Zone 2. We had 14 athletes, three coaches and one official. The athletes qualified at the zone tryouts in October. They had to qualify in kata (forms) and kumite (sparring). We had two athletes from Kamloops, two from Penticton, one from Summerland, four from Westbank and five from Kelowna. One of our athletes could not make the trip because of sickness.

Although the team was very inexperienced it did not discourage their enthusiasm. We had the best team spirit in the building and our team was the best-behaved group. All the athletes got along very well and stayed together as a team. Even the former BC team coach made a comment about how good our kids were.

Here is the story of Kirsten Groesch of Kelowna. She went to the BC Winter Games tryouts but did not fight in her event because she was too scared. She was one of the alternates that I did not consider to take, as I did not think she would fight. James Johnson, the Provincial Coordinator for the BC Winter Games, informed me that he took all of our alternate girls as other zones did not fill their quotas. I then asked Kirsty if she wanted go, but told her she would have to fight. To my great trepidation she said

yes. If she had scored even one point I would have been happy. In her first encounter her opponent scored a few times with no response from her, but she finally scored a point. (I would have taken this home with satisfaction.) Then she started getting into it. She actually won the fight, and then kept winning and even fought in the finals for the gold medal, eventually garnering a bronze medal. What a great success story!

In the team fighting our zone went up against Zone 5 from Vancouver. The excitement, chanting and cheering in the Webster School gym was so loud I'm sure the people driving by could clearly hear us! In the first match the contestants could barely hear the commands to stop and start. In the next fight Danielle McDivitt

from Kelowna fought strongly, scoring two strong points and then securing the win with a three-point kick to the head. Next up, Coulson Boothe of Summerland fought, and finished his opponent smartly with a three-point head kick for a win in about three seconds.

This team was the best-dressed team in the Games, not just our sport. Everyday someone came up to us and complimented us on the jackets and hats. Everyone was proud of their Team spirit and conduct, and the uniforms really made them feel like a team. They also saw that others were not so privileged.

This event was a success for the team. I don't mean in medals but in building what we all believe in. These kids had an experience of a life-time.



Enthusiastic Winter Games karateka from Zone 2.

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KBC annual awards recognize top athletes, officials and volunteers



Nancy Sham

Female Athlete of the Year Nancy Sham

- 2005 Nationals -53kg kumite Gold
- Female Athlete of the Year

Male Athlete of the Year Toshihide Uchiage

- 1st Place 2005 NKA senior male kata – 4th consecutive time
- 1st Place Junior (18-20) 3rd time
- 5th Place World Games Germany 2004
- Bronze medal WKF World Championships Monterrey Mexico Nov. 2004



Valentyna Zolotarova with Cal Moore and, above, her proud mother.

Junior Female Athlete & Official of the Year Valentyna Zolotarova

- KBC 2005 Open Gold 18-20 yr kata
- Junior Female Grand Champion NKA
- Gold 16/17 individual kata
- Silver 16/17 -60kg kumite
- Jr. Team kata Gold
- 16/17 Team kumite Gold
- Junior Athlete & Official of the Year

Junior Male Athlete of the Year Shaun Dhillon

- 2005 NKA Jr. (18-20) +75kg Kumite Gold
- Junior Male Athlete of the Year

MORE PHOTOS, AWARD WINNERS ON PAGES 8 & 9



Karate BC's James Johnson (front row, right) poses with other 2004 and 2005 inductees into the Burnaby Sports Hall of Fame, including Tom Mukai, Gordie Gimple, Ossie Chavarria, Jack McIlhargey, Merrill Gordon, Cliff Ronning and members of SFU's 2001/2002 women's basketball team.

Karate B.C. Sponsors Ultra Skills Karate Camps

Karate B.C. has taken a step towards developing the next generation of national champions. The initiative, known as the Ultra Skills Karate Camp, is a pilot program designed to prepare young athletes aged 10-13 for future involvement with the B.C. Karate team.

This is the very first sport karate development camp for youth in Karate BC history. It is also one of the many initiatives that members of Karate BC are undertaking to raise the performance level of B.C. athletes for national and international events.

Ultra Skills Karate Camps will teach, train, develop and inspire future provincial and national champions from British Columbia.

The camps include an introduction to: WKF rules and terminology; proven kumite tactics and strategies as used by the world's top performers, shitei kata seminar covering all five styles recognized by Karate Canada, mental preparation and motivation for competition, full fitness test procedure and training plan.

Ultra Skills Karate Camps will include an early talent identification

program that may lead to training with the B.C. Team in preparation for the Nationals.

There will be a mini-tournament at the end of each camp where the participants can apply the skills they learn throughout the day. Other highlights include fun games and activities that specifically enhance agility, speed and power.

All sessions will take into account the age of the participants, meaning that the training will be fun and focused on ensuring that each child has a fun and positive experience.

The training will mirror the BC Team program and will take the participants age into account according to the guidelines outlined in the Long Term Athlete Development model. Therefore, the training will be catered to the physical and mental capabilities of the participants.

The pilot program will begin September 2006, and run until the 2007 Provincial Karate Championships. The Ultra Skills camp will allow young Karate B.C. members who enjoy competition to train and learn cutting edge training methods and tactics, in

a sport-friendly environment.

There will be a total of six Ultra Skills Camps, with a focus on training for WKF-style competition for kata and kumite. Training will be overseen by coaches Nicole Poirier and Sandeep Gill, and will be aided by some of the top athletes on the B.C. Team.

As a sponsor of the Ultra Skills Karate Camps, Karate BC has shown a commitment to young athletes and families in B.C. to ensure top quality training is affordable to all members.

Therefore, Karate BC members will be able to attend the camps for the discounted rate of \$35, while non-Karate BC members will pay the full \$100. Karate BC is encouraging young karate athletes to participate in the same kind of elite level training that other sports such as soccer and hockey provide to athletes at an early developmental age.

If you would like to attend an Ultra Skills Karate Camp, or would like to host a camp, please contact us at ultraskillscamp@yahoo.ca or call 604-787-4568. You may also visit us at www.ultraskillkarate.com for more information.

Officials development at the Winter Games

For the past two years, the BC Winter Games has been used as a vehicle to bring together candidates and certified junior officials with senior officials for training and mentoring. There is a full-day classroom session focused around theory and rules interpretation, followed by practical application in the gym. This year brought together senior officials Norma Foster and Fernando Correia of the BC Officials Committee, and Rassamee Ling, as mentors and instructors. Unfortunately, committee member Ken Corrigan had to withdraw due to a family tragedy.

Many of the candidates had little or no previous experience in officiating, but had extensive high performance competition experience. They were identified by their respective regional representative as having potential as Officials and gamely challenged a complex and demanding job.

Their examination scores and performance throughout some stressful decision-making situations showed that our junior officials are more than equal to the tasks required of Officials. They were able to control the matches, award points and impose penalties to a reasonable level, and importantly, managed to maintain a frequency of injury that was well within the parameters of experienced officials.

The forbearance of the coaches and the respect of the more junior athletes shown towards these young officials is commendable and reminded the spectators and all participants how the spirit of karate functions at its best.

Coaching Development

Karate BC High Performance Chair, Cal Moore, conducted a session on the Long Term Development Model that is being developed for Karate in conjunction with Istvan Basyi and Richard Way. After presentation of the work done to date, zone coaches were given an opportunity to provide feedback and input on the model and other issues pertaining to the games.

The BC Games experience gives zone coaches the opportunity to develop strategies and deal with athletes outside of their own club. It also provides an opportunity for the High Performance Committee to evaluate their performance. Since Karate BC has adopted the regional model, based on the BC Games zone system, zone coaches are an obvious pool from which to recruit regional and provincial coaches.

The Level 2 Technical and Practical component has recently been available for BC coaches. There have been two courses so far. One was in the Okanagan area and one in the Lower Mainland. Although we attempted to insure that the head coach in every zone was fully certified at Level 2, we were not completely successful. The head coaches in Zones 4 (two coaches), 5, 3, 8, and 2 (two coaches) completed the Level 2 Technical, and either completed, or are working on, the Level 2 Practical component.

The courses have not yet been filed with the Coaching Association of Canada.

We were unable to sponsor a course in the far north, or the Island. The two Island coaches are certified at Level 1 and have completed Level 2 Theory. By the next Games, we should have no problem insuring that the requirements are met for all zones participating.

OFFICIALS VERIFICATION

The following junior officials received certification:

Name	Kata	Kumite
Breanne James	nj kata	nr kumite
Andrea Maikawa	nj kata	nr kumite
Cassy Schouten	nj kata	nr kumite
Neil Smith	nj kata	nj kumite
Matt Bickel		nr kumite
Sherry Duncan	nj kata	nj kumite
Galen Humber	nj kata	nj kumite
Eddie Gelinas	did not qualify	
Ashley Skender	did not qualify	

COACH CERTIFICATION VERIFICATION

Name	Role/Zone	NCCP Certification Level
Darren Harpe	cch/8	Technical 2 – Practical pending
Oswaldo Amaral	cch/7	Theory 2
Todd Robertson	cch/6	Certified Level 1, Level 2 Theory
Brenda Bombini	ach/6	" " "
Michele Pierce	cch/5	Technical 2 – Practical pending
Ron Bagley	ach/5	Cert. Level 1, Level 2 Theory
Sandeep Gill	cch/4	Technical 2 – Practical pending
Nicole Poirier	ach/4	Technical 2 – Practical pending
Troy Metzler	cch/3	Technical 2 – Practical pending
Mark Hepburn	ach/3	Cert. Level 1, Level 2 Theory
Chris Taneda	cch/2	Certified Level 2
Mike Ditson	ach/2	Certified Level 2

COURSE CONDUCTORS & MENTORS

Norma Foster, International Referee
 Fernando Correia, Provincial, National Referee
 Rassamee Ling, Provincial Referee
 Paul Brais, Provincial Judge
 Cal Moore, High Performance Chair – Coaches Seminar
 James Johnson, Provincial Advisor – Tournament Director

<p>MARK C. STACEY Partner mcs@singleton.com A Law Corporation</p>	<p>Singleton Urquhart LLP #1200 - 925 W. Georgia St. Vancouver, BC V6C 3L2 Telephone: 604. 682 7474 Fax: 604. 682 1283 www.singleton.com</p>
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Scenes from the Provincial Championships

Top row: (Left) Sumi Uchiage and Valentyna Zolotorova; (Right) Pam Ross and Michelle Taneda.

Centre row: (Left) Lisa Hogan and Cindy Jacob; (Right) Paul Brais delivers.

Bottom: Ron Curran reacts during kumite.

Photos by David de Roy
www.onelegwest.lifepics.com

Karate instructor found negligent after student hurt

By Richard Watts
Victoria Times Colonist

First there was the sound of tearing then a Campbell River man said he felt his knee pop. Moments later, R. Lorne Parker blacked out from the pain.

The resulting injury to his knee put Parker in a cast from ankle to hip for six weeks and eventually required surgery. And he is still limited in activities, for example, he no longer skis. He may be looking at future complications.

The real irony, said the 39-year-old Parker, is that he volunteered for the Jan. 23, 2003, injury.

It came at the hands of his karate instructor who asked for someone to demonstrate a technique from "shoot fighting" a specialized martial-arts form combining kick boxing and wrestling.

"My knee was dislocated sideways," said Parker.

"I was rolling around and then it popped back in," he said. "Then I remember saying 'I can't believe how much this hurts.'"

Parker sued his karate instructor, Jodey Ingalls, owner of Pure Self Defence Studios. After all, he said the injury is already costing him money, such as, \$1,600 for a knee brace alone.

And in a judgment released last week, Justice Marion Allan ruled the injury was the result of Ingalls' negligence, even though she agreed Parker had accepted a certain level of risk by signing up for martial arts training.

"But he did not accept the risk of injury at the hands of his instructor whom he trusted not to harm him," wrote Allan.

And she ruled the waivers Parker signed were not sufficient to get the karate studio off the hook. For one thing they were either "hidden" in an agreement or appeared in very small print with no emphasis.

Her judgment, however, is not the end of the legal road. She only ruled on liability and left the amount of damages to later.

And Ingalls, reached for a telephone interview, said he has spoken to his lawyer and hopes to appeal.

For one thing, he doesn't believe the

move he was demonstrating caused the injury. After all, he was holding and applying pressure to Parker's left leg and it was his right leg that took the injury.

"I'm not going to accept responsibility for something I know in my heart I didn't do," said Ingalls.

The 34-year-old man has been involved with martial arts since he was nine-years-old. According to the judgment he is working on his fifth degree black belt in Kenpo karate (there are nine degrees).

Ingalls said he teaches four different martial arts: Kenpo karate, shoot fighting, kick-boxing and modern Arnis, a Filipino form of fighting with hands, feet and sticks. And right now he has about 80 to 100 students.

But if he continues to lose the legal battles he will have to close the doors on the studio because he doesn't carry the appropriate insurance. Until then he will battle on.

"I will keep plugging away," said Ingalls.

Please note that this instructor is not a member of Karate BC.



You are invited to the 10th annual
Victoria International Karate tournament

Nov. 4, 2006

For more information please see www.wado.ca

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Calendar of Events

2006

Jul 13 - 15	National Karate Black Belt Championships	St. John's, Newfoundland	James Johnson @ 604-737-3051
Aug 3 - 6	World University Karate Championships	New York, USA	
Oct 14	2006 Karate BC Open Championships	Capilano College, North Vancouver	James Johnson@ 604-737-3051
Oct 12 - 15	18th Senior World Championships	Tampere, Finland	www.wkf.net
Nov 4	Victoria International Karate Tournament	Central Middle School, 1240 Fort St., Victoria, BC	Peter Danniels @ 250-388-9241

2007

Mar 3	34th Steveston International Karate Championships	Steveston Indoor Tennis Court, 4111 Moncton St., Richmond, BC	Keith Whittle @ 604-272-4584
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NCCP Course Schedule

Introduction to Competition Part A (replaced Theory Level 1 in April 2004)

Includes the Following Modules - Make Ethical Decisions, Planning a Practice and Nutrition

Sept 23, 24	Kamloops	PacificSport - Interior	(250) 828-3500
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Introduction to Competition Part B (replaced Theory Level 2 in April 2004)

Includes the Following Modules - Design a Basic Sport Program, Teaching and Learning and Basic Mental skills

Jul 29, 30	North Vancouver	North Van Rec Commission	(604) 987-7529
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Theory Level 3 Schedule

Aug 19,20,26,27,	Victoria	National Coaching Institute, University of Victoria	(250) 721-7589
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