

**Provincials 2015 - WKF Rules 2015 (v.9) shall apply with the following modifications:**

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	Recreational Divisions			Elite Divisions	
	Children 5 - 13 Years	14-17 Colour Belts	Adults, Masters 40+ and Recreational Black Belts	Elite Divisions 12-17 Years	Elite Divisions 18-20 + Sr
Score Method	Flags - 2 perform same time	Flags - 2 perform same time	Flags - 2 perform same time	Flags	Flags
Format	White and Yellow Belts may repeat kata	White and Yellow Belts may repeat kata	White and Yellow Belts may repeat kata		
Other	Orange Belt and up must perform minimum alternating kata (ABA)	Orange Belt and up must perform minimum alternating kata (ABA)	Orange Belt and up must perform minimum alternating kata (ABA)	1st, 2nd, Two 3rds	1st, 2nd, Two 3rds
Time	<b>1 min 30 sec Stop</b>	<b>1 min 30 sec Stop</b>	<b>1 min 30 sec Stop</b>	<b>2 min Stop</b>	<b>Sr Men 3 min. stop Sr Fem 2 min. stop U21 Male 3min. stop U21 Fem 2min. stop Cadet/Jr 2 min.stop</b>
Points	First to 6 1 min overtime if tied at end of match	First to 8 1 min overtime if tied at end of match	First to 8 1 min overtime if tied at end of match	WKF Rules: spread of 8	WKF Rules: spread of 8
Ring Size	6 x 6 metres	8 x 8 metres	8 x 8 metres	8 x 8 metres	8 x 8 metres
Contact	Any touch face with fist or foot C1 penalty	Any touch face with fist or foot C1 penalty	Any touch face with fist or foot C1 penalty	WKF Rules Any touch face with fist C1 penalty Foot skin touch face Ippon	WKF Rules Skin touch point Contact C1 penalty
Penalty C1 + C2	Penalty Points Awarded C1+C2 C2 Last 10 sec min. Keikoku	Penalty Points Awarded C1+C2 C2 Last 10 sec min. Keikoku	Penalty Points Awarded C1+C2 C2 Last 10 sec min. Keikoku	WKF Rules Judges can signal C1 + 2 warnings + penalties	WKF Rules Judges can signal C1 + 2 warnings + penalties
Mandatory Protective Gear	Mouthguard, Fist protector - may be any colour, Red/Blue belts, Groin (males)	Mouthguard, Fist protector - may be any colour, Red/Blue belts, Groin (males)	Mouthguard, Fist protector - may be any colour, Red/Blue belts, Groin (males)	Mouthguard, body protector male; body + chest protector female Foot, Shin/instep, Fist protector + belts - must be Red/Blue, Groin (male)	Mouthguard, body protector male; body + chest protector female Foot, Shin/instep, Fist protector + belts - must be Red/Blue, Groin (male)
Optional Protective Gear	Shin/instep protector; Head protectors; Body/Chest protector	Shin/instep protector; Head protectors Body/Chest protector	Shin/instep protector; Head protectors Body/Chest protector	Head protectors	Head protectors

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