

BC Winter Games 2018 - Karate *Rules Review Sheet*

WKF Rules 2018 shall apply, with Karate BC modifications;
Individual divisions are single elimination with repechage
Team divisions are single elimination only

In order to meet the BC Games daily schedule finish times;
Any division might start 1 hour or more earlier than posted
Any competition format may be shortened if required (ie. side-by-side kata, etc)

Kata	Score Method	All divisions - flags - one athlete or team at time
	Format	<i>Individual kata</i> - 2 minimum kata required, performed in ABAB order (performing more than 2 kata is also fine) <i>Team kata</i> - only 1 kata is required, and there is no "bunkai"
	Athlete Gear	All kata athletes need their own red/blue belts
	Awards	1st, 2nd, 3rd place
Kumite	Time	1 min 30 sec stop time; "Senshu" rule (athlete who scores first uncontested point wins the match if there is a tie)
	Points	First athlete to 8 points
	Ring Size	Full matted ring: 8 x 8 metre competition area with extra 1m warning area
	Contact	No contact with Fist or Foot to the Head (Category 1 Penalty); KBC Modifications
	Mandatory Protective Gear	Mouthguard; Red & Blue Fist Protectors; Groin protector (males); Red & Blue belts; Shin/Instep protector required, but can be any color (Red or Blue) for all matches
	Optional Protective Gear	Head protectors approved by tournament organizers; Chest protectors (male/female)
Awards	1st, 2nd, 3rd place	