

KARATE BC NEWS



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www.karatebc.org



Toshihide Uchiage accepts his 2003 Premier's Athletic Award from John Les, Minister of Small Business and Economic Development, during a ceremony that honoured top young athletes from throughout the province. Also honoured was Valentyna Zolotarova.



INSIDE

Enumerating the benefits of Karate BC 2



Norma Foster travels to Iran to teach karate skills 5

B.C.'s oldest karate-ka turns 80 ... 7

Photographs from the spring provincial championships 8/9

Karate wins school approval ... 11

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The benefits of Karate BC



By James Johnson

It came to my curious attention that some members of this association, during the National Black Belt Championships in Edmonton, were overheard making comments on the “superior” situation that exists in some provinces.

According to some, having a completely volunteer organization without the “hindrance” of paid staff, produces superior benefits to the members of that association.

Assuming that the comments were made relating to provincial Karate associations, I’ve put together a comparative chart which shows some of the programs available to members of various associations.

The proof, they say, is in the pudding.

Provincial Sport Associations - Karate

Province	Provincial Office	Recognized Sport Governing Body	Receives Gov't funding/Gaming?	Involved in Provincial Games	Athlete Assistance Grants	Gov't Recognition Programs	School Credits for Athletes	Membership vs Population (May 2004)
BC	Yes	Yes	Yes/Yes	Yes	Yes	Yes	Yes	4704 / 4,158,649
ONT	No	Yes	A/P*	No	Yes	?	No	3950 / 12,280,731
QUE	Yes	Yes	Yes/No	Pending	Yes	Yes	No	6718 / 7,503,502
NS	No	Yes	Yes/No	No	Yes	No	No	588 / 936,878
ALTA	No	Yes	Yes/Yes	Yes	Yes	Yes	No	1090 / 3,164,400
NFLD	No	No	No/No	No	No	No	No	383 / 520,170
NWT	No	?	?	?	?	?	?	139 / 42,040
SASK	No	No	No	No	No	No	No	209 / 995,003
NB	No	Yes	Yes/No	No	No	Yes	No	692 / 750,460
PEI	No	Yes	?	No	No	?	No	451 / 137,941
YK	No	Yes						195 / 31,371

*Application/Pending

Seven athletes receive B.C. assistance funds

The following athletes have been selected to receive grants of \$500 each under the 2003/04 British Columbia Athlete Assistance Program:

Valentyna Zolotarova, Toshihide Uchiage, Sumi Uchiage, Hidemi Uchiage, Nigel Nikolaisen, Rebecca James and Andrew Ahlsten.

Members of the Selection Commit-

tee are Bob Thurston, Chair High performance Committee; Brian James, President KBC; Reza Salmani, Head Coach KBC; Nicole Creswell-Clough, Assistant Coach KBC; and James Johnson, Executive Director KBC

For further information, contact James Johnson at info@karatebc.org, or 604-737-3051.

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Exciting times for KBC

FROM THE PRESIDENT

Dear Members, supporters and fellow Karate-ka,

Once again I would like to take this opportunity to express my personal gratitude to all the members who supported me as president of Karate BC. My fellow executives Fernando Correia and Bob Thurston, without both their input, the High Performance Committee and Membership would not have ran as smoothly. I wish you both all the best in your future endeavours and look forward to your return at a later date.

I would also like to take this opportunity to congratulate the new members of the board, Elizabeth Wijnstra and Carole A'Hearn, who are prepared to volunteer their time and effort to the growth of Karate BC.

Congratulations also goes to Cal Moore for his reinstatement as treasurer. I am confident, with the support of the new board, Karate BC members



will experience some exciting changes in the near future.

The membership should feel proud of their association and realize that

we, the executive, are available to answer or deal with any concerns they may have. The development of the association requires the efforts of everyone that is a member.

As the bulk of our membership are juniors, we aim to develop and enhance our juniors to new heights. Efficiency and tighter budget control has allowed us to be in a better financial position to follow through with some of the new initiatives. You will be reading or hearing about the programmes as they develop in the near future.

Last but not least, I and the board welcome any constructive comments that any member may have regarding Karate BC. Parents of members, please communicate your ideas and assist us in the future of our association. We are always welcoming new volunteers!

Let's get involved!

Brian James, President

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Happily wed in a traditional ceremony

Just wanted to let everyone know Rie and I are back from Japan where we were married on June 5 in Nikko, which is northwest of Tokyo in the mountains. We had a traditional Japanese Shinto ceremony at the famous Toshogu Shrine. Everything went extremely well: the weather was great and our Japanese family & friends threw a party for us in Tokyo that night at a restaurant that looks like the one from Kill Bill 1 (no big fight broke out, fortunately). The next day we went to Hawaii for a relaxing honeymoon.

In July, we'll get the official photos and video, so I'll post some shots on our Kenzen website.

– Richard Mosdell

Thanks for support for awards

On behalf of Karate BC, I would like to thank all the dojos that supported our 30th Anniversary Recognition & Awards Banquet by purchasing a table.

Your prompt response in reserving a table helped make this sold-out event a great success. We only wish we could have had a larger banquet room to accommodate all of the additional requests for tables and tickets that came in after we had reached capacity.

Based on this year's huge demand, we will look into booking a larger venue for next year. For those dojos and individuals who tried to get tickets, or were on waiting lists, we apologize and hope to see you at the banquet next year. Please feel free to offer us any comments or suggestions on how we can continue to improve upon our annual Recognition & Awards Banquet.

Once again, thanks!

Here is a list of this year's award winners:

Male Athlete of the Year: **Toshihide Uchiage**
 Female Athlete of the Year: **Hideki Uchiage**
 Junior Male Athlete of the Year: **Anthony Gador**
 Junior Female Athlete of the Year: **Rebecca James**
 Inspirational Athlete of the Year: **Chad Edberg**
 Official of the Year: **Norma Foster**
 Coach of the Year: **Don Sharp**
 Dojo Volunteer of the Year: **Brock Smith**
 Karate BC Volunteer of the Year: **Caroline Tay**
 Sponsor of the Year: **Executive Airport Plaza, Richmond**
 Vince Redfern Scholarship Awards: **Chad Edberg, Nancy Sham**

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Taking karate to Iran

Norma Foster presents seminars in Tabriz, Tehran and Kermanshah

BC's Norma Foster has conducted a second training mission on behalf of the World Karate Federation in Iran, where she presented seminars in Tabriz, Kermanshah and Tehran from May 1-10. Approximately 400 women participated in the training sessions, sanctioned by the country's ministry of fitness.

During her stay, Foster participated in three TV and four press interviews. She also met with key provincial sport administrators: Mr. Khodabaksh, General Director of Physical Education for East Azerbaijan in Tabriz; Ms. Davidian in Kermanshah; and the national women's' all sport administrator in Tehran.

Mrs. Eshrat Shah Mohammadi, the president of the Women's Karate Association of Iran was her host and guide, accompanied by Mrs. Marzieh Toopa, the first Iranian female referee to obtain an international qualification.

All expressed much concern about female karate athletes and officials wearing scarves in WKF competition and the level of Iranian female karate students compared with international levels.

The two visits to the country have been an attempt to bring more technical and officiating knowledge to female karate-ka in Iran. Foster pointed out differences between achievement in competition and technical understanding of karate, and in high-performance quality between Iran's national male and female teams.

In Tabriz, about 130 participants attended Foster's training session for officials. They ranged from beginners to very experienced referees with West Asia qualifications. The attendees came from several geographic



regions in Tehran.

The objectives of this first session were to evaluate and improve officiating expertise at all levels and to apply a new approach to teaching WKF rules. Three sessions covered the competition rules in theory, recognition of penalties and points in the ring, and individual officiating skills were evaluated during short matches.

Generally, Foster found that the participants came mentally prepared – they knew the rules and the Japanese terminology. However, most lacked practical experience to portray a sense of confidence in the ring in terms of positioning to ensure good visibility of the action, good posture when beginning or stopping matches, and the ability to rely on the opinion of other judges when vision was limited.

Several nationally qualified referees are also members of the national team, so their reaction time was fast and their decisions were confident. However, they tended to implement

“athlete-centric,” than “rule-centric” decisions. Nevertheless, many of these athletes have much potential for officiating after their competitive careers are over.

Three levels of refereeing competence were evi-

dent, and most participants were well below national levels. Two levels of judging competence were evident, with most participants again being below national levels.

Foster concluded that training that is more practical is required to reach target levels for referees. Beginner and internationally qualified referees require different types of information and training. Simply reading the rules and placing people in the ring does not constitute a staged training program, says Foster.

“The karate dan hierarchy needs to be removed from teaching competition rules. Officials should understand that refereeing is another aspect of karate that requires constant training and updating, that achieving an international qualification does not confer any superiority whatsoever over others who may be less experienced or at a lower dan rank.”

Foster has suggested that a practical

Continued next page

SPREADING THE MESSAGE

Taking karate to Iran



referee course be implemented in six stages, culminating in a tournament. More intensive referee courses should be held in secular, safe locations where both Eastern and Western women could participate, such as Dubai or Istanbul. Finally, a way should be found for the WKF referee committee members to certify women as officials that would count towards continental or WKF levels.

In Kermanshah, a sports fitness training session for about 190 individuals from all styles, mainly Shito, was held. The participants, about half children and almost all black belts, were from the Kermanshah region. The objective was to provide fundamental core competencies for all karate styles that instructors could use or modify in the future.

A display of individual and team kata by women and children revealed good gymnastic abilities and imaginative bunkai. However, many participants lacked stamina, leg and core strength. Weak upper body muscle tension and weak legs resulted in slow, heavy kata while core weakness translated into disjointed movement of legs, body and head. Most have excellent joint flexibility, but this needs to be balanced with strength, speed and upper body relaxation.

Foster introduce pleiometric exercises to develop leg strength and explosive movement and Pilates-based activities for core strength, with aerobic, tae bo, and dance-based exercises used to develop stamina, upper body relaxation and co-ordination. The approach was welcomed by students and coaches who appreciated the novelty of the exercises and commented they had never participated in such training in a karate class.

The training sessions in Tehran focused on technical proficiency for Wado Kai/Wado Ryu students. Foster found this group is at a noticeably lower stage of technical development than Shito or Shoto styles in Iran and their dan ranks do not correlate with levels of technical understanding normally expected from practitioners with up to 15 years of experience.

Approximately 90 participants, mostly with first to third degree dan ranks plus a few brown belts, participated in the seminar.

A minority group from Mashad seemed to have a higher technical and intellectual grasp of karate technique than those from Tehran. Basics such as punching were misunderstood as punches delivered in curves landed with the last three knuckles instead of the first two. Kicking techniques also needed improvement. A review of Pinan godan revealed misunderstanding of kata techniques, stances and bunkai that carried over into more advanced kata such as Chinto.

The majority displayed too much shoulder tension, heavy footwork, inability to relax, misunderstood principles of the style. Many were

unfit and lacked stamina as well as core strength. Sessions emphasized basics of kicking and punching and kata review. Since the Wado practitioners lack resources such as videos and books, a suggestion made was that they bring in individuals known for technical expertise from regions such as Switzerland. In addition, when members of the group travel outside to Japan, they should bring videos and other training materials back to Iran for distribution, which will help raise understanding of the art. Senior instructors are also encour-

aged to travel to Europe and Japan for further study.

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Oldest karate-ka in BC turns 80

Late-starter Robert Sheng honoured for his successes

By Andreas Kuntze

Robert Sheng, sixth dan and regular member of Vancouver Shitoryu, turned 80 in May.

Robert began his career in Karate at the young age of 45. His instructor, Akira Sato, recalls that when he came to class, he confessed that he had never done any physical exercise or sport in his life.

That first class was difficult for Robert, as he could not move well and was not even able to touch his toes. In fact, training was so hard that he decided to work on conditioning on his own. One year later, he returned to embark on his karate career in earnest – now able to touch his toes.

This kind of dedication to improvement and personal training has been Robert's stock in trade ever since. In fact, his trademark flexibility now astounds new members; after virtually no warm up he is able to perform full splits with no effort.

What many do not realize is that despite his late start in karate, he has been able to acquire a vast amount of experience and knowledge in the martial arts.

At 47 he competed in the first Canadian Black Belt Championships. After several years of competition experience, he decided to spend more time and effort as an official. He spent many years as a volunteer for Karate BC and NKA tournaments.

Yet it is in the dojo where you gain the greatest appreciation for him. Always mindful of the younger students, he makes sure to ask how you are doing, how work is going or how your family is doing.

At least once a week we see Robert in the dojo to help with instruction, taking part in virtually every aspect of class. Particularly when Sato Sensei cannot attend class, he is sure to be



Robert Sheng at his 80th Birthday party. From the left: Robert, Akira Sato, Mert Horita, Kaz Nishino, Leo Rossini, Don Gillie

there to supervise instruction and to help lower ranks with technique.

Even at 80, the method and intensity of his training demonstrate that his technique is effective and deadly. Many students have remarked how hard his arms, hands and legs are, often wincing when they come into contact with his blocks.

Robert is most well known for his self-defense techniques, however, which are direct and effective. Always trying to find new approaches and defensive ideas, he has an insatiable curiosity for every situation and every eventuality.

He will often ask for a "volunteer" in the dojo to try out a new idea or a slight variation from what he has taught before.

While Robert has brought a great deal to the dojo over the years, we are ever mindful of how karate has served him well over the years.

He remains an inquisitive, quick-witted training partner with a verve for imaginative and practical applications. His daily training has given him an incredible stamina and physical strength – something you would never imagine an 80-year-old should possess.

Two years ago, for example, Robert had an accident at home which had everyone scared.

He was repairing the roof of his garage (he was only 78 back then), replacing rotten wood and re-shingling a section of the top. He lost his grip, fell through the hole and tumbled headfirst onto the concrete floor.

Unfortunately he could not break his fall because of the way he came through the narrow gap in the roof, and fell directly on his forehead. He was rushed to the hospital, where he was given a quick blood transfusion. The doctors at the ER were amazed that there was no other significant injury and sent him home that afternoon.

Several weeks later he returned to the dojo, complaining he did not feel as strong anymore. He thought maybe he should retire from karate.

Two years later, he looks to be in as good of shape as ever. We are convinced that his daily training regimen, and a little good luck, saved him and we are thankful he made it back to the dojo.

More pictures available at:
<http://www.shitoryu.net/robertparty/>

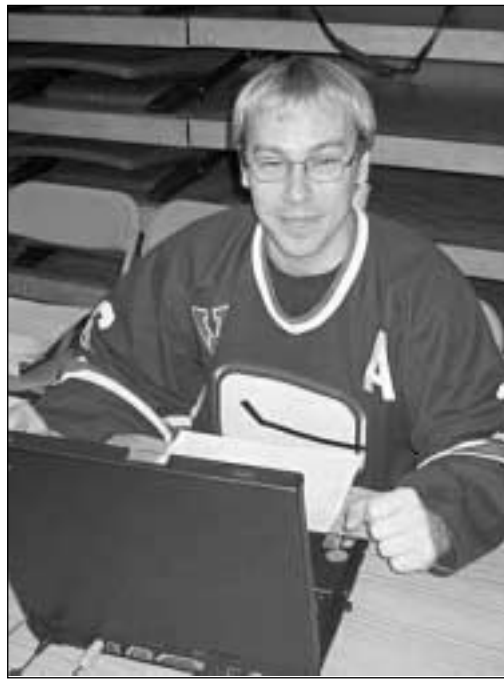


Scenes from the championships

Bob Howlett spent part of his time at the Spring Championships – and Karate BC's gala 30th anniversary celebrations – turning his camera on those who were taking part in both the festivities and the competition. Whether it was someone toasting the success of the organization, competing for gold, or nursing injuries after competing, Bob brought back the images of a special spring championships.

FULL RESULTS START ON PAGE 12





CELEBRATING KARATE

Learning kata, earning belts

Shitoryu Seikokai Brown & Black Belt Workshop and Dan Test
1 & 2 May 2004
Naden Gymnasium,
Esquimalt Military Base, BC

The Shitoryu Karatedo Seikokai Association of BC held its semi-annual Black Belt Workshop at the Esquimalt Military Base near Victoria in early May.

Thanks to the Esquimalt Shotokan Karate Club for the use of their wonderful facility! This was the first time that we have had this seminar in Victoria; it was well-organized by our new Victoria dojo members, such as Corrina, and their instructors, James and Nicole. Thanks to everyone who helped out.

Shihan Sato conducted a two-day seminar, stressing basics and the more technical details of training, which all brown and black belts are expected to pass on to their students and kohai.

With over 50 Brown and Black Belts from throughout B.C. in attendance, Sato Sensei stressed the concept of Seichu-sen in particular. He noted that the proper alignment of the body is necessary in kumite as well as kata, and that everyone should be aware of their three points of reference - the Jo-tanden, Chu-tanden and Ge-tanden. He then demonstrated how this should be applied in practise.

After some review of kihon waza

and kihon kata, the group was split into three for advanced kata training. Sensei Scott Cheung provided instruction for brown belts, while those preparing for their Dan test were given the opportunity for individual practise. The remaining black belts were put through their paces by Sato Sensei with the kata Itosu-rohai Ni-dan.

On the second day of training, Sato Sensei gave a short, one-hour seminar in kumite. With particular attention being paid to body movement and proper technique in basic kumite techniques, he also noted that the counterpunch and good timing seem to be a disappearing art. Perhaps because of the new WKF rules, with their emphasis on "more difficult" kicking and sweeping techniques, he noted that many competitors lack the focus and timing to deliver a good counter punch or kick. The highlight of this seminar was Sato Sensei's "surprise" front kick, delivered with speed and perfect timing.

After a short break, training continued with more kata review from the previous day. After some discussion of bunkai (application of techniques) and proper form, advanced levels moved on to Matsumura No Bassai. Many found this kata challenging, with many small movements and a dizzying number of details. Perhaps everyone was reminded that kata study, particularly for the Shitoryu practitioner, is a life-time study!

On Sunday afternoon, Dan tests were administered by Shihan Sato, along with a panel of senior black belts, which included Scott Cheung, Roy Tippenhauer, Todd Robertson and James McCarthy. The following karate-ka passed their examinations:

Masako Furuya	
Hombu	Sho-Dan
Wim Tewinkel	
Pemberton/Whisler	Go-Dan
Chad Edberg	
Campbell River	San-Dan
Andrew Burfitt	
Campbell River	Sho-Dan
Naomi Watt	
Kingsway	Sho-Dan
Kienglux Ly	
Kingsway	Sho-Dan
Welton Vo	
Kingsway	Sho-Dan
Rob McMath	
Courtenay	Ni-Dan
Melissa Litchfield	
Courtenay	Jr. Sho-Dan
Mike Moyer	
Tachie	Ni-Dan
Les Andrew	
Victoria	Ni-Dan

Congratulations to everyone!

The next semi-annual Seikokai Brown & Black Belt Workshop will be held in Vancouver in October. Dates and location will be announced.

Andreas Kuntze
Communications Director
Shitoryu Karatedo Seikokai of BC

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CAMPBELL RIVER SHITO RYU CHALLENGE CUP

When: Saturday, October 2, 2004
Where: Carihi Secondary School
350 Dogwood St., Campbell River, BC
Time: 9:00 AM to 5:00 PM or as necessary

Regular Tournament Divisions for All Ages

CR Shito-Ryu Challenge Cup will be an event at Noon between different dojo teams. One Adult male competitor, One Adult Female competitor, One junior male competitor, One junior female competitor. All will compete in Kata AND Kumite and the winning dojo will be determined by the most wins adding up both Kata and Kumite wins. In the event of a tie, winner will be the team who has the most Kumite points.

GRAND CHAMPION /SPORTSMANSHIP TROPHIES

Taking Canada Cup to Japanese sister city

バーナビー市長の親書手渡す

空手のジュームス ジョンソンさん 伊東市長を表敬訪問



釧路市長を表敬訪問したジョンソンさん(左)

釧路市と姉妹都市提携をしてきているカナダのバーナビー市で、空手道場を開くジュームス・ジョンソンさんが2日、釧路市役所を訪れ、デレク・コリーカン・バーナビー市長の親書を伊東良孝釧路市長に手渡した。

ジョンソンさんは、1970年ごろ、当時同市で道場を開いていた、現釧路地区空手道連盟会長の鴨海英忠さんに弟子入り。80年ころにはその道場を引き継ぎ、現在は50人の子供たちに空手を教えている。また世界空手



Karate BC Executive Director James Johnson visited Kushiro to attend the 20th Anniversary of the Canada Cup Karate Championships, where he presented a silver cup to be used at the event. It will be a perpetual trophy called the Canada Cup, and presented to the Sportsman of the tournament. James is shown (top) visiting the Mayor of Kushiro, Mr. Yoshitaka Ito at City Hall, where he presented a letter from the Burnaby Mayor. The Canada Cup celebrates the sister city relationship between Burnaby and Kushiro. The tournament was held June 6, 2004.

James also visited with Sensei Narumi (above), where he taught classes for an appreciative group of Japanese students, who presented him with a card of thanks.



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First TMSK CUP great success

The first TMSK Cup Invitational on May 29 was tremendously successful. 150 competitors came from all over the Okanagan, Prince George, and MacKenzie.

The tournament included juniors as well as adults and individual and team competitions. The venue was filled to over-capacity for most of the day.

The tournament highlighted much talent from all the dojos involved. The level of competition was as good and as spirited as many of the tournaments at the provincial level.

It was especially good to see some very high level competitors coming out of a small town like Mackenzie. They are doing something right up there. Way to go to you guys at the Mackenzie Shotokan Karate Institute (MSKI).

Another highlight of the day was the weapon demonstrations. Sensei

T. Mah demonstrated a bo kata - Katin No Kun; Sensei Paul Robertson (Kamloops Renshikan) demonstrated a tonfa kata - Yara Qua No Tonfa; and Tanya Hansen from Skaha Lake Shotokan demonstrated a pattern with a single escrima stick.

Three special awards were given out at the tournament:

The TMSK Cup 2004 Invitational junior female grand Champion was Jessica Traude from the MSKI with 2 gold medals in the individual events in the brown/black category.

The TMSK Cup 2004 Invitational junior male grand champion was Carl Da Luz from TMSK with 2 golds and a bronze in the individual events in the brown/black category.

The TMSK CUP (a large keeper trophy to the dojo that wins it) was won by the Tom Mah School Of Karate as the dojo that accumulated the most points in the team events (weapon,

kata, and kumite).

The event was thoroughly enjoyed by all and completed in record time (9 am to 5 pm). Many dojos from the Lower Mainland and Alberta have indicated that they would like to attend the TMSK CUP in 2005. The attendance expectation for next year should top 300 competitors.

For any others who would like to join us next year please contact Tom Mah at ktmaf@shaw.ca for more information. Once the new venue is confirmed the tournament information will be posted on the TMSK website at www.tommahkarate.com.

A big thanks to Sensei E. Wijnstra for acting as the Chief Referee. Many thanks also to all the officials and volunteers who made this tournament the success that it was.

My sincere gratitude to all of you for your time and generous contributions. I wish you all much blessings!

Athletes, officials approved for academic sport credits

The Ministry of Education has completed its review and approval of the Provincial Sport Organizations applications for inclusion in the External Credentials - Sport Credit Program for 2004-2005.

The following programs that Karate BC submitted to the government have been approved:

ATHLETE PROGRAMS

Athlete 10: BC Winter Games Team;

Athlete 11: BC High Performance Squad;

Athlete 12: BC High Performance Team.

OFFICIALS PROGRAMS

Official 10: Judge C;

Official 11: Judge B;

Official 12: Referee B.

Karate BC will make available necessary documentation to qualified athletes.

For the officials sport programs, the student official must have a record (booklet, passport, etc.) that is signed by a provincial sport organization

official to confirm the completion of the components and indicating the number of hours spent on the practical component.

It is the responsibility of the athlete to take the documentation (for athlete or official) to their school counsellor to receive credits.

Student athletes who have in the past participated in the currently approved programs will be eligible for credit but only beginning in the 2004-05 school year.

All participation is retroactive so that an athlete can gain credit for past performance/participation as long as the documentation is presented.

More information on the External Credentials - Sport Credit Program and which specific athlete and/or officials programs are approved for credit are available at the Ministry of Education website at www.bced.gov.bc.ca/graduation/courseinfo/chapter_2/welcome.htm (Select External Sport Courses).

Canada third with 9 medals

Canada won two gold, two silver and five bronze medals to place third at the XVIII Pan-American Karate Championships.

Gold: Saeed Baghbani and Philippe Poirier in kumite.

Silver: the Canadian women's team in kumite and Jelena Molkovich in kumite.

Bronze: Kristel Larouche and Katarina Vadovicova in kata; and Mohamed Faceli, Saeed Baghbani and Don Ritter in kumite.

	Country	Medals
1st	Venezuela	16
2nd	Mexico	12
3rd	Canada	9
4th	Dominican Republic	5
5th	El Salvador	4
6th	United States	2
7th	Argentina	3
8th	Brazil	2
9th	Peru	4
10th	Ecuador	1
11th	Colombia	5
12th	Guatemala	3
13th	Chile	1
13th	Puerto Rico	1

KBC spring championship results

Medal Winners:
2004 Spring
Provincial Karate
Championships,
Capilano College,
North Vancouver,
April 17 & 18, 2004

ADULT KATA - Women

JR. WOMEN 18-20:
ADVANCED/BLACK

Kayseen Bois
Burnaby Chito-Ryu

WOMEN 18 & OVER: NOVICE

Maggie Wong
Prince George Chito-Ryu
Heather Schram
Thompson Karate Club

WOMEN 18 & OVER: INTERMEDIATE

Carolyn Neels
Valley Shidokan - Chilliwack
Lori Toms
Valley Shidokan - Chilliwack

Boriana Stephamor
Victoria Shotokan Karate Club

WOMEN 18 & OVER: ADVANCED

Masako Furuya
Vancouver Shito-Ryu Seeiko-Kai
Julie Belanger
North Vancouver Shidokan

Kayseen Bois
Burnaby Chito-Ryu

WOMEN 18 & OVER: BLACK

Connor Borsa
Burnaby Renshikan
Tanya Macrae
Taneda Dojo
Tina Schade
Tom Mah School of Karate
Tanya Hickman
Kitimat Karate Club

WOMEN (35-44): INTERMEDIATE

Noreen Yeomans
Taneda Dojo
Jeannine Walsh
Valley Shidokan - Chilliwack

WOMEN (35-44): ADVANCED

Shirley Crowe
Taneda Dojo

WOMEN (45-54): ADVANCED

Liliane Green
Taneda Dojo
Shirley Crowe
Taneda Dojo
Anne Ross
Taneda Dojo

ADULT KATA - Men

JR. MEN 18-20: ADVANCED/BLACK

Mark Degau
Nanaimo Shotokan Karate-Do

MEN 18 & OVER: NOVICE

Damjan Latic
Burnaby Chito-Ryu
Sidney Talaro
Vancouver Renshikan Karate
Ben Szamon
Victoria Shotokan Karate Club

MEN'S 18 & OVER: INTERMEDIATE

Kim Gartner
Taneda Dojo
Ben Eggen
Prince George Chito-Ryu
Brent Kellas
Valley Shidokan - Chilliwack
Jay Toms
Valley Shidokan - Chilliwack

MEN 18 & OVER: ADVANCED

Felix Mirano
Burnaby Chito-Ryu

Glen Mcara
Valley Shidokan - Chilliwack
Pierre Montigny
Valley Shidokan - Chilliwack
Ryan McFarlane
Kelowna Shotokan Karate Club

MEN 18 & OVER: BLACK

Dustin Ellsworth
Taneda Dojo
Al Reid
Taneda Dojo

Bill Holder
Kingsway Shito-Ryu
Mark Deugau
Nanaimo Shotokan Karate-Do

MEN (35-44): INTERMEDIATE

Lindsay Schram
Thompson Karate Club
Collin Caryk
Valley Shidokan - Chilliwack

MEN (45-54): INTERMEDIATE

Dave Percy
Tom Mah School of Karate

MEN (35-44): BLACK (M14)

Gavin Barmania
Burnaby Chito-Ryu

MEN (45 - 54): MEN

Mike Scales
Coquitlam Shotokan
Gavin Barmania
Burnaby Chito-Ryu
Ken Morrison
Coquitlam Shotokan

ADULT WEAPONS - Women & Men

ADULTS WEAPONS: NOVICE TO ADVANCED

Ryan McFarlane
Kelowna Karate
Ben Eggen
Prince George Chito-Ryu

ADULT WEAPONS: BLACK BELTS

Mike Scales
Coquitlam Shotokan
Tanya Hickman
Kitimat Karate Club
Paul Silversta
Kitimat Karate Club
Paul Brais
Kitimat Karate Club

ADULT KUMITE - Women

JR. WOMEN 18-20:
ADVANCED/BLACK -60KG

Tania McRae
Taneda Dojo
Kayseen Bois
Burnaby Chito-Ryu

Connor Borsa
Clearwater Karate Club
Katayoun Islami
Downtown Shotokan YMCA

WOMEN'S NOVICE: FREE SPARRING

Maggie Wong
Prince George Chito-Ryu
Heather Schram
Steveston Karate Club

WOMEN'S INTERMEDIATE: -55KG

Lori Toms
Valley Shidokan - Chilliwack
WOMEN'S INTERMEDIATE: +55KG

Breanna Stefanov
Victoria Shotokan
Laura Stewart
Inazuma Karate - Abbotsford

Alia Shamsher
Mission Isshin-Ryu Karate
Carolyn Neels
Valley Shidokan - Chilliwack

WOMEN'S ADVANCED: -60KG

Yoko Suelzle
Valley Shidokan - Chilliwack
Julie Balanger

WOMEN'S ADVANCED: +60KG

Michelle Boss
Kuwakai Pacific Wado Karate
Association

Kathleen Nicolson
Kuwakai Pacific Wado Karate
Association

WOMEN BLACK: OPEN

Katayoun Islami
Downtown Shotokan YMCA
Kayseen Bois
Burnaby Chito-Ryu
Connor Borsa
Clearwater Karate Club

MASTERS (35-44): INTERMEDIATE

Noreen Yeomans
Taneda Dojo
Jeannine Walsh
Valley Shidokan - Chilliwack

MASTERS (35-44): ADVANCED

Shirley Crowe
Taneda Dojo
Anne Ross
Taneda Dojo

MASTERS (45-54): ADVANCED

Anne Ross
Taneda Dojo

ADULT KUMITE - Men

MEN 18-20: ADVANCED/BLACK
-65 KG

Mark Deugau
Nanaimo Shotokan Karate-Do

MEN'S NOVICE: FREE SPARRING

Lindsay Schram
Thompson Karate Club
Brad Riley
Kitimat Karate Club
Mike Tingstad
Taneda Dojo

Adnan Kavazovic
Inazuma Karate - Abbotsford

MEN'S INTERMEDIATE: +70KG

Ben Eggen
Prince George Chito-Ryu
Chris Labelle
Victoria Shotokan
Brent Kellas
Valley Shidokan - Chilliwack
Jay Toms
Valley Shidokan - Chilliwack

MEN'S ADVANCED: -70KG

Ryan McFarlane
Kelowna Shotokan Karate Club

MEN'S ADVANCED: +70KG

Glen Mcara
Valley Shidokan - Chilliwack
Kia Sanjabi
North Shore Karate Institute
Pierre Montigny
Valley Shidokan - Chilliwack
Kim Gartner
Taneda Dojo

MEN'S BLACK: -60 KG

Mark Deugau
Nanaimo Shotokan Karate-Do
MEN'S BLACK: 65 -70 KG

Matt Taneda
Taneda Dojo
Medhi Jalali
North Shore Karate Institute
Hamid Tarighatlin
North Shore Karate Institute
Al Reid
Taneda Dojo

MEN'S BLACK: +80KG

Dustin Ellsworth
Taneda Dojo
Paul Atkin
Kelowna Shotokan Karate Club
Birkrum Rai
Mackenzie Shotokan Karate
Institute

MEN'S BLACK: OPEN

Dustin Ellsworth
Taneda Dojo
Mehdi Jalali
North Shore Karate Institute
Paul Atkin

Kelowna Shotokan Karate Club
Matt Taneda
Taneda Dojo

MASTERS (35-44): INTERMEDIATE

Lindsay Schram
Thompson Karate Club
Colin Caryk
Valley Shidokan - Chilliwack
Dave Percy
Tom Mah School of Karate

MASTERS (45-54): INTERMEDIATE

Dave Percy
Tom Mah School of Karate

MASTERS (35-44): ADVANCED

Kim Gartner
Taneda Dojo

MASTERS (35-44): BLACK

Gavin Barmania
Burnaby Chito-Ryu

MASTERS (45-54): BLACK

Paul Brais
Kitimat Karate Club

JUNIOR KATA - Girls

GIRLS 7 & UNDER: ALL BELTS

Carah Webster
Victoria Renshikan Karate
Nicole Wong
Winning Edge Karate
Nikita Bagg
Burnaby Chito-Ryu

GIRLS 8/9: NOVICE

Suada Salihovic
Burnaby Chito-Ryu
Nevana Ivankovic
Burnaby Chito-Ryu
Harpreet Sidhu
Burnaby Chito-Ryu
Tori Parent
Nechako Karate Club

GIRLS 8/9: INTERMEDIATE

Mackenzie Kennedy
Campbell River Shito-Ryu
Lika Olefirenko
Thompson Karate Club
Yuhiko Yamazaki
Winning Edge Karate
Bailey Carlisle
Valley Shidokan - Chilliwack

GIRLS 10/11: NOVICE

Danielle Kumalae
Taneda Dojo
Deanna Wong
Burnaby Karate Club
Sonja Surjanovic
Burnaby South Karate Club
Jessica Garnett
Burnaby Chito-Ryu

GIRLS 10/11: INTERMEDIATE

Sydney Schram
Thompson Karate Club
Courtenay Boyer
Taneda Dojo
Mathea Lawrance
Mission Isshin-Ryu
Leila Riahi
Winning Edge Karate

GIRLS 10/11: ADVANCED / BLACK

Dilprit Suri
Downtown Shotokan YMCA
GIRLS 12/13: NOVICE
K'mai Long
Burnaby Chito-Ryu

GIRLS 12/13: INTERMEDIATE

Nina Milikovic
Burnaby Chito-Ryu
Diane Bartman
Chilliwack Chito-Ryu
Erin Gniwodda
Chilliwack Chito-Ryu
Amanda Yates
Campbell River Shito-Ryu

KBC spring championship results

GIRLS 12/13: ADVANCED / BLACK

Kathryn Wong
Winning Edge Karate
Sarah Lee
Winning Edge Karate
Hayley Spooner
North Vancouver Shidokan
Meghan Lappan
North Vancouver Shidokan

GIRLS 14/15: NOVICE

K'mai Long
Burnaby Chito-Ryu
Shirley Huang
Burnaby Chito-Ryu
Aliceyn Egan
Kitimat Karate Club
Richelle Funk
Valley Shidokan - Chilliwack

GIRLS 14/15: INTERMEDIATE

Aubrey Fowler
Tom Mah School of Karate
Natasa Boskovic
Burnaby Chito-Ryu
Samantha Quon
Burnaby Renshikan
Stephanie Mairs
Chilliwack Chito-Ryu Karate Club

GIRLS 14/15: ADVANCED

Andrea Maikawa
Burnaby Renshikan
Cassy Schouten
Nanaimo Renshikan Karate-Do
Teri Randall
Yoshukai International
Kaitlyn Heim
Richmond Shito-Ryu Karate Club

GIRLS 14/15: BLACK

Rebecca James
Downtown Shotokan YMCA
Breanna James
Downtown Shotokan YMCA
Karen Hsieh
Burnaby Renshikan
Danielle Chanpong
Vancouver Shito-Ryu Seiko-Kai

GIRLS 16/17: INTERMEDIATE

Ashley Skender
Kitimat Karate Club

GIRLS 16/17: ADVANCED

Cindy Jacob
Coquitlam Shotokan
Tanya Hansen
Skaha Lake Shotokan

GIRLS 16/17: BLACK

Valentina Zolotarova
Downtown Shotokan YMCA
Kelsey Corbett
Delta Karate School

JUNIOR KATA - Boys

BOYS 7 & UNDER: ALL BELTS

Terrence Chan
Downtown Shotokan YMCA
Tan Nguyen
Richmond Shito-Ryu Karate Club
Omer Salihovic
Burnaby Chito - Ryu
Brandon Tse
Yaletown Wado Karate Academy

BOYS 8/9: NOVICE

Paulo Santillan
Downtown Shotokan YMCA
Brandon Dreschler
Taneda Dojo
Max Dreschler
Rodney Hobson Karate Academy
Aaron Cho
Downtown Shotokan YMCA

BOYS 8/9: INTERMEDIATE

Thien Nguyen
Richmond Shito-Ryu
Dion Wu
Vancouver Shito-Ryu Seiko-Kai
Cedomir Vasic
Downtown Shotokan YMCA

Kazushi Yamamura
Nikkei Shito-Ryu

BOYS 10/11: NOVICE

Allen Hsu
Downtown Shotokan YMCA
Pavan Johal
Burnaby Chito-Ryu
Asheesh Jagdeo
Richmond Shito-Ryu
Brandon Kasolo
Burnaby Renshikan

BOYS 10/11: INTERMEDIATE 1

Erik Ioannidis
Thompson Karate Club
Ryan Kelly
Taneda Dojo
Erick Tietz
Yoshukai International
Nico Butler
Victoria Renshikan Karate

BOYS 10/11: INTERMEDIATE 2

Adam Prokopetz
Valley Shidokan - Chilliwack
Guromol Dhillon
Downtown Shotokan YMCA
Desmen Jaldbert
Mission Isshin-Ryu Karate Club

BOYS 10/11: ADVANCED/BLACK

Yuki Hisata
Downtown Shotokan YMCA
Danny Riches
Victoria Renshikan Karate
Jonathon Lum
Downtown Shotokan YMCA
Harry Tro-Burton
Chilliwack Chito-Ryu Karate Club

BOYS 12/13: NOVICE

Jack Huang
Burnaby Chito-Ryu
Gurinder Johal
Burnaby Chito-Ryu
Quinn Hsu
Downtown Shotokan YMCA
Alex Greenough
Chilliwack Chito-Ryu Karate Club

BOYS 12/13: INTERMEDIATE 1

Michael Lindsey
North Vancouver Shidokan
Marvin Reimnuth
Burnaby Chito-Ryu
Felix Dreschler
Rodney Hobson Karate Academy
Kevin Yee
Burnaby Chito-Ryu

BOYS 12/13: INTERMEDIATE 2

Jeric Ross
Campbell River Wado Karate
Galen Humber
Fernando Correia School of Karate
Cody Bagg
Burnaby Chito-Ryu
Dan Stephansan
Valley-Shidokan - Chilliwack

BOYS 12/13: ADVANCED/BLACK

Kevin Hodak
Yoshukai International
Cody Martin
Burnaby Renshikan
Christopher Biermann
Richmond Shito-Ryu Karate Club
Josh Toms
Valley Shidokan - Chilliwack

BOYS 14/15: NOVICE

Michael Houg
Prince George Chito-Ryu
Huy Nguyen
Campbell River Wado Karate
Dan Morton
Campbell River Wado Karate
Russell Hewitt
Tom Mah School of Karate

BOYS 14/15: INTERMEDIATE

Anton Bolobrov
Coquitlam Shotokan
Alvin Krishna

Burnaby Chito-Ryu
Jake Zylstra

Campbell River Shito- Ryu
Patrick Fewtrell
Campbell River Wado Karate

BOYS 14/15: ADVANCED

Cameron Bjornson
Fernando Correia School of Karate
Paul Butler
Victoria Renshikan
Gord Ross
Taneda Karate

BOYS 14/15: BLACK

Graydon Grean
Taneda Dojo
Matt Bickel
Burnaby Renshikan
Reuben James
Downtown Shotokan YMCA

BOYS 16/17: NOVICE

Kalen Obrien
Campbell River Shito-Ryu

BOYS 16/17: INTERMEDIATE

Justin Starr
Kitimat Karate Club
Kalen Obrien
Campbell River Shito-Ryu
Brandon Morton
Campbell River Wado-Ryu
Mandeep Sandhu
Richmond Shito-Ryu

BOYS 16/17: ADVANCED

Andrew Burfitt
Campbell River Shito-Ryu
Cody Johnstone
Campbell River Shito-Ryu
Anthony Gador
Nechako Karate Club
William McLaren
Courtenay Shito-Ryu

BOYS 16/17: BLACK

Derek Wong
Steveston Karate Club
Andrew Thompson
Nechako Karate
Adam Parisien
Tom Mah School of Karate

JUNIOR WEAPONS - Girls & Boys

JUNIOR WEAPONS: NOVICE TO ADVANCED

Danny Riches
Victoria Renshikan
Brittanie Masse
Chilliwack Chito-Ryu
Kristen Polsler
Kelowna Shotokan Karate Club
Aubrey Fowler
Tom Mah School of Karate

JUNIOR WEAPONS: BLACK BELTS

Adam Parisien
Tom Mah School of Karate
Brittanie Masse
Chilliwack Chito-Ryu Karate Club
Kaitlyn Heim
Richmond Shito-Ryu Karate Club

JUNIOR KUMITE - Girls

GIRLS 7 & UNDER: FREE SPARRING - ALL BELTS

Jordan Ellis
Maple Ridge Shotokan

GIRLS 8/9: NOVICE KIHON IPPON

Harpreet Sidhu
Burnaby Chito-Ryu

GIRLS 8/9: NOVICE FREE SPARRING

Taylor Ellis
Maple Ridge Karate Association
Jilliane Vina
Kingsway Shito-Ryu
Tori Parent
Nechako Karate Club

GIRLS 8/9: INTERMEDIATE & UP FREE SPARRING

Lika Olifrenko
Thompson Karate Club
Mackenzie Kennedy

Campbell River Shito-Ryu
Yukiho Yamazaki

GIRLS 10/11: NOVICE KIHON IPPON

Chloe Oberlicher
Burnaby Chito-Ryu

GIRLS 10/11: NOVICE FREE SPARRING

Frankie Gniwodda
Chilliwack Chito-Ryu
Danielle Kumalae
Taneda Dojo
Kira Mcdonald
Burnaby Renshikan

GIRLS 10/11: INTERMEDIATE FREE SPARRING

Raquel Landart
Crescent Beach Karate Club
Leila Riahi
Winning Edge Karate Club
Celynne Belanger
Nechako Karate
Anisha Virk
Crescent Beach

GIRLS 10/11: ADVANCED/BLACK - FREE SPARRING

Raquel Lander
Crescent Beach Karate Club
Leila Riaha
Winning Edge Karate Club
Dilpreet Suri
South Slope JKA

GIRLS 12/13: NOVICE FREE SPARRING

Ginni Ferguson
Maple Ridge Shotokan
K'mai Long
Burnaby Chito-Ryu

GIRLS 12/13: INTERMEDIATE-FREE SPARRING

Erin Gniwodda
Chilliwack Chito-Ryu
Pascal Schram
Thompson Karate Club
Jessica Lyell
Prince George Chito-Ryu
Amanda Yates
Campbell River Shito-Ryu

GIRLS 12/13: ADVANCED/BLACK -44KG

Danielle Goudie
Rodney Hobson Karate Club
Kathryn Wong
Winning Edge Karate
Brittanie Masse
Chilliwack Chito-Ryu
Meghan Lappan
North Vancouver Shidokan

GIRLS 12/13: ADVA

Sarah Lee
Winning Edge Karate
Michelle Hodak
Yoshukai International
Cara Cochlin
Yoshukai International
Jaylene Allinott
Chilliwack Chito-Ryu

GIRLS 14/15: NOVICE- KIHON IPPON

Shirley Huang
Burnaby Chito-Ryu
Richelle Funk
Valley Shidokan - Chilliwack

GIRLS 14/15: INTERMEDIATE UNDER 50 KGS

Kristen Polsler
Kelowna Karate
Ashley Mcmillan
Nechako Karate Club

GIRLS 14/15: INTERMEDIATE OVER 50 KGS

Natasa Boskovic
Burnaby Chito-Ryu
Hanna Copin
Nanaimo Shotokan Karate-Do
Aubrey Fowler
Tom Mah School of Karate
Samantha Quon
Burnaby Renshikan

NCCP theory course schedule

Introduction to Competition Part A (replaced Theory Level 1 in April 2004)

Aug. 21 & 22	New Westminster	Douglas College	(604) 527-5492
Sept. 18 & 19	Vancouver	Langara College	(604) 323-5322
Sept. 24 & 25	Prince George	PacificSport - Northern BC	(250) 614-7843
Sept. 25 & 26	Abbotsford	University College of the Fraser Valley	(604) 864-4638
Sept. 25 & 26	Kamloops	PacificSport - Interior	(250) 828-3580
Sept. 25 & 26	New Westminster	Douglas College	(604) 527-5492
Sept. 28, Oct. 5, 12 & 29	Surrey	Clayton Heights Continuing Education	(604) 575-0550

Introduction to Competition Part B (replaced Theory Level 2 in April 2004)

Includes the Following Modules - Design a Basic Sport Program, Teaching and Learning and Basic Mental skills

Aug. 7 & 8	Vancouver	Langara College	(604) 323-5322
Aug. 21 & 22	New Westminster	Douglas College	(604) 527-5492
Sept. 18 & 19	Maple Ridge	West Coast Kinesiology	(604) 467-7322
Sept. 25 & 26	Vancouver	Langara College	(604) 323-5322

Theory Level 3

Aug. 21, 22, 28 & 29	Victoria	National Coaches Institute-BC	(250) 721-7589
Oct. 23 & 24, Nov. 27 & 28	Kamloops	PacificSport - Interior	(250) 828-3580

KBC spring championship results

GIRLS 14/15: ADVANCED/BLACK -45KG

Teri Randall

*Yoshukai International
Natalia Kormish
Kelowna Karate
Rebecca James
Downtown Shotokan YMCA*

GIRLS 14/15: ADVANCED/BLACK +55KG

Cassy Schouten
*Nanaimo Renshikan
Karen Hsieh
Burnaby Renshikan
Andrea Maikawa
Burnaby Renshikan
Kaitlyn Heim*

Richmond Shito-Ryu Karate Club

GIRLS 16/17: ADVANCED/BLACK -60KG

Kelsey Corbett
*Delta Karate School
Valentina Zolotarova
Downtown Shotokan YMCA
Tanya Hansen
Skaha Lake Shotokan*

GIRLS 16/17: ADVANCED/BLACK +60KG

Cindy Jacob
Coquitlam Shotokan

GIRLS 16/17: ADVANCED/BLACK OPEN

Kelsey Corbett
*Delta Karate School
Cindy Jacob
Coquitlam Shotokan
Valentina Zolotarova
Downtown Shotokan YMCA*

JUNIOR KUMITE - Boys

BOY'S 7 & UNDER: FREE SPARRING - ALL BELTS

Luke Sewell
*Maple Ridge Shotokan
Thien Nguyen
Richmond Shito-Ryu Karate Club
Matthew Leclair
Inazuma Karate - Abbotsford
Brandon Tse
Yaletown Wado Karate Academy*

BOYS 8/9: NOVICE - KIHON IPPON

Julian Bozsik
*Kingsway Shito-Ryu
Max Dreschler
Rodney Hobson Karate Club*

BOYS 8/9: NOVICE - FREE SPARRING

Spencer Smith
*Maple Ridge Shotokan
Diego Grossling
Winning Edge Karate
Henry Lin
Winning Edge Karate
Kurt Blaine
Maple Ridge Shotokan*

BOYS 8/9: INTERMEDIATE & UP - FREE SPARRING

Cedomir Vasic
*Downtown Shotokan YMCA
Sasha Dordzijeja
Vancouver Shito-Ryu Seiko-Kai
Thien Nguyen
Richmond Shito-Ryu Karate Club
Gyo Pamintuan
Richmond Shito-Ryu Karate Club*

BOYS 10-11: NOVICE FREE SPARRING

John Ferguson
*Maple Ridge Shotokan
Thomas Bozsik
Kingsway Shito-Ryu
Brandon Kasalo
Burnaby Renshikan
Jas Sing-Brar
Maple Ridge Shotokan*

BOYS 10-11: INTERMEDIATE FREE SPARRING - 1

Romano Sepe
*Yoshukai International
Erik Teitz
Yoshukai International
Adam Prokopetz
Valley Shidokan - Chilliwack
Desmen Jaldbert
Mission Isshin-Ryu Karate Club*

BOYS 10-11: INTERMEDIATE FREE-2

Dion Tse
*Yaletown Wado Karate Academy
Curtis London
Yoshukai International
Darien Caryk
Valley Shidokan - Chilliwack
Curtis Hill
Valley Shidokan - Chilliwack*

BOYS 10-11: ADVANCED/BLACK FREE SPARRING

Danny Riches
*Victoria Renshikan
Reuben James
Downtown Shotokan YMCA
Yuki Hisata
Downtown Shotokan YMCA
Nitin Gaba
Downtown Shotokan YMCA*

BOYS 12/13: NOVICE-KIHON IPPON

Jack Huang
*Burnaby Chito-Ryu Yuseikan
BOYS 12/13: NOVICE FREE SPARRING
George Urozevic
Vancouver Shito-Ryu Seiko-Kai
BOYS 12/13: INTERMEDIATE FREE SPARRING - 1
Jeric Ross
Campbell River Wado-Ryu*

Daniel Eady

*Mission Isshin-Ryu Karate Club
James Stevenson
Kingsway Shito-Ryu
Felix Dreschler
Rodney Hobson Karate Club*

BOYS 12/13: INTERMEDIATE FREE SPARRING - 2

Cody Bagg
*Burnaby Chito-Ryu
Corey Skender
Kitimat Karate Club
Jason Hadden
Yoshukai International
Galen Humber
Fernando Correia School of Karate*

BOYS 12/13: ADVANCED/BLACK UNDER 44KGS

Josh Toms
*Valley Shidokan - Chilliwack
Troy Collins
Coquitlam Shotokan
Philip Polotsky
Maple Ridge Shotokan*

BOYS 12/13: ADVANCED/BLACK 44-55 KGS

Cody Martin
*Burnaby Renshikan
Christopher Biermann
Richmond Shito-Ryu Karate Club
Kevin Hodak
Yoshukai International*

BOYS 12/13: ADVANCED/BLACK OVER 55 KGS

Lindsey Boucher
*Valley Shidokan
Cameron Clough
Crescent Beach Karate Club
Mody Aboukhoudoud
Yoshukai International*

BOYS 14-15: NOVICE FREE SPARRING

Huy Nguyen
*Campbell River Wado-Karate
Tristan Hall
Inazuma Karate - Abbotsford
Nathan Cameron
Mission Isshin-Ryu Karate Club
Russell Hewitt
Tom Mah School of Karate*

BOYS 14-15: INTERMEDIATE -55KG

Anoton Bolobrov
*Coquitlam Shotokan
BOYS 14-15: INTERMEDIATE +55 KG
Alvin Krishna
Burnaby Chito-Ryu
Taizo Nishio
Maple Ridge Shotokan
Roland Charoux*

*Crescent Beach Karate Club
Jake Zylstra
Campbell River Shito-Ryu*

BOYS 14-15: ADVANCED/BLACK -60KG

Matt Bickel
*Burnaby Renshikan
Christian Cretu
Winning Edge Karate*

BOYS 14-15: ADVANCED/BLACK +60KG

Kalvin Tam
*Delta Karate School
Skylar Zerr
Mission Isshin-Ryu Karate Club
BOYS 14-15: ADVANCED/BLACK +60KG
Navid Fallah
Thompson Karate Club
Derek Wong
Steveston Karate Club
Paul Butler
Victoria Renshikan
Graydon Green
Taneda Karate*

BOYS 16-17: INTERMEDIATE -60KG

Masih Alaeitafti

North Shore Karate Institute

BOYS 16-17: INTERMEDIATE +60 KG

Masih Alaeitafti
*North Shore Karate Institute
Brandon Morton
Campbell River Wado-Ryu
Kalen Obrien
Campbell River Shito-Ryu
Justin Starr
Kitimat Karate Club*

BOYS 16-17: ADVANCED/BLACK -60 KG

Andrew Thompson
*Nechako Karate Club
Matt Bickell
Burnaby Renshikan*

BOYS 16-17: ADVANCED/BLACK -70 KG

Arash Beytoei
*North Shore Karate Institute
Cody Johnstone
Campbell River Shito-Ryu
Adam Parisien
Tom Mah School of Karate*

BOYS 16-17: ADVANCED/BLACK +70 KG

Anthony Gador
*Nechako Karate Club
Cody Krause
Nechako Karate Club
Andrew Burfitt
Campbell River Shito-Ryu
William McLaren
Courtenay Shito-Ryu*

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SALES AGREEMENT #102172

KARATE BC CALENDAR OF EVENTS

Date	Event	Location	Contact/No.
2004			
July 30-Aug. 1	Vancouver Island Renshikan Karate Camp	Cowichan Centre, Duncan	Fernando Correia 250-748-9111 or 250-246-7247
July 31	Karate BC Golf Tournament	Carnoustie Golf Club, 533 Dominion, Port Coquitlam	James Johnson @ 604-737-3051
Sept. 8-12	XV Pan American Jr. Championships	Chile	James Johnson @ 604-737-3051
Sept. 26	Team Tryouts	Capilano College, North Vancouver	James Johnson @ 604-737-3051
Oct. 2	Campbell River Shito Ryu Challenge Cup	Carihi Secondary School, 350 Dogwood Street, Campbell River	Roy Tippenhauer @ 250-850-9150
Oct. 16-17	Karate BC Fall Provincial Championships	Okanagan University College, Kelowna	James Johnson @ 604-737-3051
Nov. 13	Shotokan Challenge Cup	Pinetree Recreation Centre, 1260 Pinetree Way, Coquitlam	Andy Holmes @ 604-889-3942
Nov. 13	C.A.S.K. Shiai	Central Middle School, 1280 Fort Street, Victoria	Peter Danniels @ 250-388-9241
Nov. 14-21	WKF World Championships - Adult	Monterrey, Mexico	James Johnson @ 604-737-3051 www.karatemy2004.com/
Nov. 27	Karate BC Open Tournament	Pinetree Recreation Centre, Coquitlam	James Johnson @ 604-737-3051
2005			
Feb. 5	Sato Cup 2005	BC Institute of Technology Sportplex, Burnaby	Andreas Kuntze @ 604-873-8046 www.shitoryu.net

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