



2009 BC TEAM TRAINING/COMPETITION SCHEDULE

Provincials	BCIT (weigh in)	Friday, May 8	6pm – 9pm
	BCIT	Saturday, May 9	9am – 5pm
	BCIT	Sunday, May 10	9am – 5pm
Squad Training	BCIT	Saturday, May 23	9am – 5pm
	BCIT	Sunday, May 24	9am – 4pm
Selection Tournament Team Training	CAPILANO	Saturday, June 6	9am – 8pm
	CAPILANO	Sunday, June 7	9am – 5pm
Team Training	CAPILANO	Saturday, June 27	9am – 5pm
	CAPILANO	Sunday, June 28	9am – 5pm
Team Training	CAPILANO	Saturday, July 11	9am – 5pm
	CAPILANO	Sunday, July 12	9am – 5pm
Team Training	CAPILANO	Sunday, July 19	9am – 5pm
2009 National Black Belt Championships	CALGARY		July 23 - 25