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North Vancouver Club Athlete Earns Tiger Balm Award

Jeremy Anderson has been named the Tiger Black Belt Athlete of the Month Award for September. Anderson, who trains at the North Vancouver Shidokan Karate Club, has had an industrious couple of years.

In addition to getting his nidan (2nd degree black belt) from the Japan Karate Association and his Ph.D. in psychology from the University of British Columbia, on September 2, 2007, Anderson added to this heavy schedule by getting married.

It would be understandable if he wanted to take it easy for a while, but the 32-year old has showed no signs of doing so at the North Vancouver Shidokan Dojo. This year alone Jeremy has taken over instruction of the junior class, a responsibility other instructors gratefully relinquished. The Ph.D. in clinical psychology may have equipped Jeremy for dealing with the criminally insane, but a karate class of 7 to 12 year-olds poses far greater challenges. Despite this, Jeremy keeps his cool while keeping his charges motivated and on track!"

"The juniors really like Jeremy," says fellow instructor Michael Doherty, "He's young, fun, and intelligent, and very, very patient with them. I'm sure that all of them, as well as their parents, would be very happy to endorse his nomination for the Tiger Balm award."

The Tiger Balm award is given to members in the 4700-member Karate B.C. system that demonstrate a high level of performance both on and off the mat.

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