

**BRENTWOOD BAY ATHLETE
NAMED TIGER BALM ATHLETE OF THE MONTH FOR JULY**

Phillip Van de Ruyt of Brentwood Bay on Vancouver Island has been named the Tiger Balm Athlete of the Month for the month of July.

Instructor David Bentley nominated the 16-year old because of his phenomenal achievements as a black belt student with the Kimura Shukokai Karate club in Brentwood Bay.

According to Bentley “ Phillip tirelessly trains karate full-time, attends high school as an honors student and participates in the fine arts. Phillip is dedicated to karate and puts 100% effort into every class he attends”.

Phillip assists with instructing the pee-wee and youth classes. He is very patient with the children while demonstrating proper technique and etiquette.

Phillip participates in as many tournaments as he can and has achieved numerous awards. He is a respectful and kind young man with a desire to compete in the Kimura Shukokai International Championships in Switzerland 2008.

Considering his drive for excellence in the martial arts, we have no doubt he'll do well and represent Canada with pride!

The Kimura Shukokai Karate, Brentwood Bay is proud to call Phillip one of its senior black belts and ideal candidate for a regional award that recognizes top caliber achievement both on and off the mat in the 4700 member Karate BC provincial sport system.

**For more information on Philip call the Kimura Shukokai Karate
Brentwood Bay at 250-665-6522 or Karate BC at 604-737-3051.**