

FOR IMMEDIATE RELEASE:

ABBOTTSFORD ATHLETE CLAIMS ATHLETE OF THE MONTH AWARD

Shaun Dhillon of Abbotsford and a Karate BC athlete from the Mission Isshin Ryu Karate Club has won the Tiger Balm Athlete of the Month award.

The Tiger Balm Athlete of the Month is a monthly award given to athletes in the Karate BC system who exemplify excellence both on and off the mat.

In past last 60 days, Shaun's achievement has been significant. In March he earned the Premiers Sport award while going on to medal gold twice in established Karate BC sanctioned tournaments. He captured his first gold medal at the Sato Cup and soon followed with another gold medal performance at the prestigious annual Stevenson tournament where he was also named Grand Tournament Champion.

Sandeep Gill, a Karate BC instructor who nominated the 20-year old athlete for the monthly award stated, "Shaun is a humble and dedicated athlete and a motivational leader at the Mission Isshin Ryu Karate Club. He is most worthy of an award that exemplifies excellence in karate both on and off the mat".

Shaun's Record of success in the past year has included:

- Bronze Medal +80 Kumite (sparring) 2006 National Black Belt Championships in July, St. Johns Newfoundland.
- Bronze Medal +80 Kumite 2006 Pan American Championships Netherlands Antilles, May 2006.
- Represented Canada in the Italian Open, Paris Open, and U.S Open, and World Championships in 2006.

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