

KARATE  BC

presents
the



TIGER BALM

BLACK BELT ATHLETE OF THE MONTH



Within every karate club there are certain individuals who exemplify the true spirit of karate.

Many of these athletes go the distance achieving their black belt. In karate, the black belt represents the highest level of sport excellence. It's a symbol of strength, endurance and discipline.

Karate BC and Tiger Balm have partnered together to give these individuals the recognition they deserve and encourage our 4,700 members across the province to strive for their own personal goals of strength, endurance and discipline.

Starting in February 2007, members will have the opportunity to nominate someone in their club who they feel is worthy of the Tiger Balm Black Belt Athlete of the Month award. The winner for that month will be chosen from the nominations received.

The Tiger Balm Black Belt Athlete of the Month is not about winning medals – rather it is about sport excellence in the sport of karate. Karate is not a sport that rewards aggression or size. It is a martial art that gains its power from the focussing of mental, physical and spiritual energies.

The Tiger Balm Black Belt Athlete of the Month is brought to you by:

KARATE  BC



Do you know a person, male or female, in your club that you would like to nominate as the Tiger Balm Black Belt Athlete of the Month?

Nomination process:

Send in your nomination by fax 604-737-3159 or email info@karatebc.org by the 5th of every month. Give us the name of your nominee and tell us a little about why you think this person deserves this recognition (in 25 words or less).

The winning nomination will receive an official Tiger Balm / Karate BC prize pack and will be featured in the Karate BC News.

Strive for the highest level of excellence whatever your arena.